

Books/DVD's

□
Forgetfulness, Feelings & Farnarkling

Forgetfulness, Feelings & Farnarkling Book

Reflections on Aged Care and How you can make a difference

Jenny Masters Illustrator

Author Anne Kelly

Forgetfulness, Feelings & Farnarkling (Farnarkling - the group activity where everyone sits around discussing the need to 'do something' but nothing actually happens – Urban Dictionary)

The project began in mid 2012 – an idea born from a discussion between two friends, artist Jenny Masters and dementia consultant Anne Kelly. Both had been touched in personal ways by dementia and had seen examples of skilled, compassionate care within dementia support services. However, they were also aware of examples of care deficits at individual or organisational level and the question arose "What can we do to change this?"

By telling peoples' own stories and highlighting aspects of life from the points of view of people living with dementia, and the people close to them, they hoped to encourage discussion and to challenge existing care systems and practise, with faith that any modern dynamic enterprise thrives on feedback from its customer base.

With occasional artistic license this collection of illustrations represents real people's stories from almost 30 years of working in aged care. The book uses humour as a strategy to encourage reflection of practice without defensiveness. We trust that these combined stories will provide strength of evidence of some outcomes of the current system of care and therefore will provoke reflection and action. Many examples of innovative actions are given.

Each illustration, its accompanying story and explanation gives life to the voices of people living with dementia.

This provocative and inspirational book.

"This is a must read for anyone who is connected personally or professionally to dementia care. Anne has beautifully captured the realities of living with dementia as well as the realities faced by those who work with such commitment and dedication to meeting the needs of those in their care. This book speaks to the need for change and provides practical suggestions that will help both families and professionals improve the lives of those living with dementia."
 Gail Elliot DementAbility Canada

\$25.00

□
Memory & Communication Aids for People with Dementia \$75.00

This is a must have book for professionals who provide services for people with memory loss. The use of the communication and memory aids featured in this practical guide will significantly improve the ability of people with dementia and related memory impairments to stay connected, engaged, and functioning at their optimal level of independence. Presenting a wide array of evidence-based examples, **Memory and Communication Aids for People with Dementia contains all of the information needed to develop personalized supports for any individual and every circumstance.**

About the Author: Michelle S. Bourgeois, Ph.D, CCC-SLP, is Professor in the Department of Communication Sciences & Disorders at the University of South Florida. A clinical researcher specializing in dementia, she has published numerous research articles, books, training manuals and CD-ROMs.

\$75.00

□
Spaced Retrieval Step by Step \$65.00

Authors/Editors: [Jeanette E Benigas](#), [Jennifer A Brush](#), [Gail M Elliot](#),.

Help your clients who have memory loss remember important information or actions with the proven memory training strategy of spaced retrieval (SR). Using this therapeutic communication method allows people to learn and store important information (such as when to take medications or how to use a walker) in long-term memory so that, with practice, it can be easily accessed and retrieved.

Now you can learn this innovative process step by step, from identifying a person's needs and desires, to creating the spaced retrieval format that supports those needs, to using SR practices to increase success in the person's daily routines. Plus, you'll get illustrative case studies, assessment forms, visual cueing tools, and tips for communication.

With SR, speech-language pathologists, occupational and physical therapists, nurses, and healthcare and homecare professionals at all levels of care can bring more confidence, safety, and independence into the lives of people with memory loss and their care partners.

\$65.00

□ **Montessori Methods for Dementia \$55.00**

Montessori Methods for Dementia focus on supporting both the person and the prepared environment and are aimed at addressing the many and diverse issues that arise when one is coping with the losses that are commonly associated with dementia. These innovative techniques are intended to engage people with dementia in life and living, by providing an environment that supports their losses, and circumvents their deficits, while providing meaning and purpose to their day. This book provides the details that will help to put these methods and techniques into practice.

\$55.00

□ **DVD's \$25.00**

These Dvd's turn the TV into an aquarium, bird cage or warm crackling open fire. Choose between canaries, parrots or finches or be engaged and relaxed in the rainforest. Good conversation starters.

\$25.00

- DVD: Aquarium, Birdcage, DVD's, Fireplace, Rainforest, Seahorses, Seascapes, Tasmanian scenes

□ **I Care \$30.00**

This award winning book will both inspire and educate professional and family care partners of people with dementia to make the most of each day! Care partners will see their loved one as a whole person with strengths and abilities, which will promote greater independence and self-sufficiency for the person with dementia. I Care is the gold medal winner in the healthcare book category in the US National Mature Media Awards Program.

I Care covers:

- Minimizing the care partner's fears, frustrations, and stress.
- Managing changes in communication, memory loss and behaviour using best care techniques.
- Making the home safe and supportive.
- Understanding changes in brain functions.
- Addressing financial and legal issues.
- And much more...

"I Care is a comprehensive book that offers a greater understanding of how to manage the difficulties of Alzheimer's disease and related dementias. I only wish this book was available when I was caring for my mother, Rita Hayworth, who suffered from Alzheimer's disease."

Princess Yasmin Aga Khan
 President, Alzheimer's Disease International

\$30.00

□ **Jack DVD \$75.00**

Jack's story is about quality of life in dementia care. It's about making a difference and finding the key to lighting a soul. Jack illustrates this beautifully with his love of two dolls he calls his 'girls'.

\$75.00

□ **Book Club Reading Books**

Setting up a Montessori reading group has never been easier with these readers. With 12 titles there is sure to be a title of interest to everyone. These books come in an electronic version to enable photocopying as required. The more titles you buy the cheaper they become.

\$100.00

- Title:

□ **"I Remember That" DVD's**

"I Remember That!" DVDs

Featuring 'Memories of Everyday Australia in the 20th Century' – popular reminiscing resource for one-on-one use or in small groups. Stand-alone segments (average length 7-8 mins) with Carer's Kit.

Volume One:

- * THE LAND OF MAKE BELIEVE (Toys) * POUNDS, CROWNS AND CENTS (Money)
- * CHILLY BILLY (The Ice Man) * A DAY ON THE TOWN (Shopping)
- * THE GREAT AUSTRALIAN OUTHOUSE (The outside Loo)

Volume Two:

*READING, WRITING & RITHMETIC (School) *THE MAGIC LANTERN (The original slide show)

*THE PICTURE SHOW MAN (Travelling Movie show s) *LET's GO TO THE FLICKS (The Cinema)

NB: both Volumes available in either Full Commentary or (Dementia specific) Part Commentary versions to cater for different levels of cognitive function.

Church Service DVD

Custom-made service "to provide spiritual comfort and nurture" w ith w ords of the hymns, prayers and responses displayed on screen. Length approx 30 mins.

_1. MASS/STATIONS OF THE CROSS

The Mass (Eucharist) and Stations of the Cross (popular Catholic devotion)

\$100.00

- Titles:

□

Blue & Red Book CD Collections \$340.00

Matched to the song lists and lyrics in the popular Blue and Red Books by Ulverscroft, this collection w ill provide endless entertainment for many residents and be a valuable addition to your activities took kit.

The Blue Book CD Collection has 7 CDs. The Red Book CD Collection has 12. That's a total of 381 studio-recorded piano tunes all played and arranged w ith joy and life by Australian Entertainer Barry Hall, OAM

Ideal w hen you do not have a piano or a pianist to provide musical accompaniment.

\$340.00

□

John Sidney CD Collection Two Box Set \$188.00

This w onderful collection of 12 CDs in the special tw o box CD set - "Evergreen Melodies" by Australian pianist John Sidney pays tribute to a time w hen today's elderly w ere young. A time w hen the piano was treasured entertainment and dancing and sing-a-longs were central to community life. Like a precious time capsule, this unique collection contains musical memories by an artist w hose repertoire of piano classics embraces great tunes, sing-a-longs and show stoppers as w ell as the relaxing evergreens.

Music can provide links to the past capable of rekindling precious memories and creating feelings of joy, connection and relaxation.

This collection of easy listening solo piano music CDs make a w onderful addition to any music collection. Although all CDs are recorded by the same artist there is something for every mood or occasion. All are great listening.

\$188.00

□

Sing-A-Long With John Sidney CD \$19.95

This album has a selection of popular old time sing-along favorites from the early to mid 1900s. It runs for 37 minutes to bring you a selection of the music that rolled out during the hard times of World Wars I and II and the great depression. During those years, music brought many joyous moments. War babies w ill be enchanted all over again as they hear those much-loved melodies being so skillfully played on piano by John. The songs on this album are sure to rekindle fond memories of life before television. This CD is definitely a wonderful gift idea for an elderly friend or relative.

\$19.95

□

Remember That Song Musical Quizzes \$33.00

Remember that Song is a musical and mental stimulation programme originally designed for clients w ith dementia. Its popularity w ithin aged care, however, has demonstrated the programme's suitability for clients at all levels of aged care and this prompted a redesign and subsequent re-release.

This package includes both musical quiz programs w ritten by Ann Rogers. When Ann w rote the Remember That song musical quizzes she w rote tw o volumes to add variety to repeat sessions.

The musical quizzes only use parts of the songs designed specifically to suit the quiz program. The full version songs included in Ann's programs are available in the 12 John Sidney piano music CDs w here Ann selected the songs for these programs.

\$33.00

□

Spaced Retrieval Memory Training

Yes! Learning is possible for people living w ith dementia. This DVD by Jennifer Brush takes you through how to use Spaced Retrieval Memory Training.

\$160.00

□ **Picture DVD's**

These five DVD's are bound to stimulate reminiscence and story telling. Five titles are available. A Day at the Zoo, A Day at the Show, Beautiful Blooms, More Amazing Animals and Magnificent Wheels, Marvelous machinery, Outback Adventure, Tasmanian overland, Maritime mix, Australian coast from the air and Awesome Aviation.

All the DVDs are produced in the PAL format. If your country uses a different format, DVDs can be viewed on a multi region DVD player, a portable DVD player or a laptop (with a DVD drive) which can then be linked to a TV screen via a cable.

\$30.00

- Titles:

□ **Word Searches CD**

This CD contains 72 word searches on 24 themes for Low, Medium and High Care. In each of the word searches, the actual words to be found are also included below the grid. The font size for each level also varies to make it easier for people doing the word searches. Preview the word searches below.

There are three different levels provided for the word searches. These levels are denoted by a star system.

One Star: Indicates suitability for those in high care (following individual assessment by a professional). Distinguished by lighter shading for the answers in the word search grid. Ten words are provided in the word searches.

Two Stars: Indicates suitability for those in medium care (following individual assessment by a professional). Distinguished by lighter shading for the answers in the word search grid. Twenty words are provided in the word searches.

Three Stars: Indicates suitability for those in low level of care (following individual assessment by a professional). Thirty words are provided in the word searches.

The word searches are: African Countries, Aviation, Cars & Motorcycles, Cat Breeds, Cheeses, Chocolate, Christmas, Cow Breeds, Cricket, Dog Breeds, European Countries, Flowers, Gemstones, Lakes, Languages, Musical Instruments, Nuts, Pasta Varieties, Rivers, Seas, Tartans, Volcanoes, Waterfalls, Wines and Spirits.

Great for reminiscence work too, bringing back memories of different activities which people have enjoyed in the past.

\$30.00

□ **My Story \$30.00**

My Story

A wonderful tool for reminiscence and storage of family memories. A treasured keepsake that can be passed down to the family. Pictures, notes and memories can be stored and enjoyed together.

\$30.00

□ **Dementia Care solutions and Insights \$38.00**

This book is for anyone who wants to learn about dementia and understand dementia. It discusses how to meet the needs of both caregivers and their loved ones. The focus is on Gail Elliot's Dementia Ability Methods which are aimed at creating a supportive environment that adds meaning, purpose, joy and quality living to each day.

\$38.00

□ **Among My Souvenirs (Music Therapy Activity Pack) \$110.00**

CD's contain professionally prepared and recorded songs to help people with dementia participate in meaningful activities and improve their mood

\$110.00

□ **Spaced Retrieval DVD \$25.00**

Spaced Retrieval DVD

Spaced Retrieval (SR) is an evidence-based intervention that is effective for helping people with memory impairment. It can be used to help individuals lead more independent lives

by enhancing memory for personally relevant information and improving behaviors, such as less repetitive questioning, better orientation, greater engagement in activities, improved appointment keeping, safe ambulation, transfer and safer swallowing behaviors. This video provides step-by-step instructions for implementing SR to support a variety of learning goals.

\$25.00

□ **Musical Armchair Travels \$290**

Musical Armchair Travels

Musical Armchair Travels, the aged care industry's passport to quality music-based activities

This unique training package includes a training DVD, practical session guidelines and six music CDs to enable staff to facilitate engaging and therapeutic, music-based activities for aged care clients.

On the DVD, highly qualified and experienced aged care professionals reinforce the use of best-practice programs to enhance the quality of life for our elders in care.

For new staff, with little or no practical experience, this resource provides a ready-to-go program with step-by-step instructions on how to run quality Musical Armchair Travels sessions.

\$290.00

□ **Green Book CD Collection \$210.00**

Green Book CD Collection

The Green Book CD Collection **is another premium activities resource created at the request of the aged care industry looking to cater to the needs of a new generation entering care.**

In recent times, we have seen an increase in the number of people from the Baby Boomer generation entering aged care facilities and community based activity groups. The music on the CDs in this 10 CD collection has been compiled to cater to the Baby Boomer' taste, with music from the 1950s through to the 1970's

\$210.00

□ **Word Search \$10.00**

Our Word Search books are designed to be an engaging, meaningful puzzle activity for those in early to mid stages of dementia. Each book contains 30 word searches around different themes that will be sure to test your wits.

There are two levels: Level 1 and Level 2

\$10.00

- Level 1:

□ **Memory Aids \$200.00**

Memory Aids

This book contains an overview of the research that supports the use of memory aids and over 200 pages of memory cues that have been created in bright colours for you to easily photocopy, laminate, and use.

\$200.00

□ **Creative Connections in Dementia Care \$65.00**

Engaging Activities to Enhance Communication.

Authors Rev. Katie Norris and Jennifer Brush

\$65.00

Doll & Pet Therapy

□ **Arthur Bear**

"Arthur - a musical Teddy Bear for improving cognisance and engagement".

Comforting and engaging, 'Arthur', combines the profound benefits of targeted music with sensory and tactile feedback, with the engagement of something to be cherished and cared for.

Arthur is a combination of our experiences of the benefits of music and/or recorded messages for people living with cognitivist difficulties such as dementia, learning disabilities and autism, combined with the widely accepted advantages offered by 'doll therapy'. The care and interaction with a comforting soft toy and the music or voice lead to feelings of security, enjoyment, whilst encouraging interaction.

"Don't forget that a Bear's heart starts beating once you touch it"

Just squeeze his "paw s button" the music will play - that's all you have to do!

ARTHUR - WHAT MAKES HIM TICK

Despite the enormous benefits of music and the security and comfort provided by Arthur, operating controls can be too much of a challenge for people with memory difficulties or issues of understanding. Arthur has been designed to be as simple as possible and his intended use is to be activated by friends family or carers, unburdening the user with this task.

Arthur only has one external control and that is to start and stop the music he has been preloaded with. The music has an automatic 'shuffle' mode which ensures that the playlist doesn't always start from the same place. It is most important that the music loaded into Arthur has meaning to the user; this is easy to do and will produce by far the best results

\$180.00

□ **Therapy Dolls \$200**

Child representational Therapy or Doll Therapy can bring great joy and comfort to the right person. They have been known to reduce responsive behaviours and improve sleep. For those people who have a nurturing nature and who need to have something to 'fuss over' a therapy doll can make the perfect companion.

Dolls are approximately 50cms long, weighted and feel like real babies. Hair colours may vary.

\$200.00

- Doll:

□ **Twiddles**

These Twiddles can provide enjoyment and pleasure for those with idle hands. Available in 4 different styles, there is one to suit everybody.

Twiddle Classic-Do you know someone with an eye for style and a taste for the fanciful? Then let us recommend the dress-up Twiddle Classic: a luxurious lavender blue Twiddle embellished with rings of satin-textured fringe. Reminiscent for some of Grandmother's Victorian parlor; for others, a lovey fit for a princess, this original Twiddle calms and comforts, while stimulating mental and physical activity with an interior soft-plastic orbit ball, a loop of multi-colored wooden beads, flowing textured ribbons, a Velcro® pull patch, and a sealed satin or buckskin crackle pouch.

Twiddle Sport - For the sports-minded, the streamlined, distinctive Twiddle Sport is the way to go. Kitted out in Black Watch plaid with buckskin accents, the Sport model features mental and physical activity winners: strands of textured ribbons, a loop of multi-colored wooden beads, a sealed satin or buckskin crackle pouch, a Velcro® pull patch, and — best of all — an interior soft-plastic orbit ball to work on. No sweat stains or sore muscles; just therapeutic comfort or activity as needed.

Twiddle Pup - Who can resist an eager-eyed, fluffy puppy? This floppy-eared, friendly-faced, flea-free Twiddle Pup comes complete with its own soft-plastic orbit ball tethered on the inside. Exterior attached gadgets include a loop of multi-colored wooden beads, textured ribbons, a sealed satin or buckskin crackle pouch, and a Velcro® pull patch to exercise hands and mind alike. No walks or clean-up required for this best-in-show puppy pal.

Twiddle Cat - The purrfect Twiddle for the feline fancier: a cuddly kitty without the claws! The exotic-eyed Twiddle Cat features soft, cozy, fleecy fur in shades of chocolate brown or cream, with rich satin embellishments. Hands and mind are kept active and engaged by the interior soft-plastic orbit ball, a sealed satin or buckskin crackle pouch, a loop of multi-colored wooden beads, streaming textured ribbons, and a Velcro® pull patch. Comes in cream and chocolate colours.

Twiddle Nathan - features the same fun colors, durable fabrics, stimulating fidgets, and calming qualities —plus it is lightly weighted for a feeling of extra security and stability.

All Twiddles are machine-washable and dryer-friendly. Just remember to remove all gadgets first

\$80.00 – \$90.00

- Twiddles:

□ **Perfect Petzz \$58.00**

Lifelike Puppies & Kittens that actually breathe! Making the perfect pet with no maintenance they come complete with own bed, brush, collar and adoption certificate. (require 'D' battery to operate – included)

\$58.00

- Breeds:

□ **Jack DVD \$75.00**

Jack's story is about quality of life in dementia care. It's about making a difference and finding the key to lighting a soul. Jack illustrates this beautifully with his love of two dolls he calls his 'girls'.

\$75.00

□ **Spinning Dog \$15.00**

\$15.00

□ **Companion Cats & Dog \$215 - \$235**

Our Golden Retriever Puppy and Silver or Orange Tabby Cats offer comfort, joy, and an opportunity for shared interaction between people of all ages. But they're so much more than soft fur, soothing purrs, and pleasant meows or cheeky woofs! Thanks to built-in sensor technology, Companion Pets respond to petting and motion much like the pets you know and love, but don't require any special care or feeding. The two-way interaction helps create a personally rich experience that can bring fun, joy and friendship to you and your loved ones aged 5 to 105. The Companion Pets offer love, company, friendship and won't chew up your slippers!

Golden Pup \$235

- Nuzzles into your hand when it's cheeks are petted
- Pet the back of the pup's head for it to move
- Pat the pups back slowly and feel it's heartbeat
- Talk to your pup and it will respond with puppy like noises
- Just like the real thing the pup will go to sleep if you don't interact for a few minutes, and wake up when you walk past or give it a gentle pat
- Dimensions: 35.5L x23.5W x32.5H Weight approx 1.9 kg

Silver and Tabby Cat \$215

- Nuzzles into your hand when it's cheeks are petted
- Pet your cat's back - or behind its head - and it will purr happily
- Keep petting your cat and it will roll on its back so you can give it a belly rub
- The more you pet your cat, the more relaxed it will get until it shuts its eyes
- If you don't touch your cat for a few minutes, it will go to sleep. To wake it up simply give it a gentle pat on the back. Or it might wake up when you move nearby
- Dimensions : 38.5 L x 23.5 W x 26 L Weight approx 1.9 kg

\$215.00 – \$235.00

- Companion pets:

Environmental

□ **DVD's \$25.00**

These Dvd's turn the TV into an aquarium, bird cage or warm crackling open fire. Choose between canaries, parrots or finches or be engaged and relaxed in the rainforest. Good conversation starters.

\$25.00

- DVD: Aquarium, Birdcage, DVD's, Fireplace, Rainforest, Seahorses, Seascapes, Tasmanian scenes

□ **Blys Nightlight**

"Much more than a lamp or nightlight ... Blys enables focussed security, spatial awareness, reduces falls and breakages, low impact illumination, and improves ambience for residents and staff alike"

"Most nursing home residents sleep with the light on due to anxiety - this promotes ill-temper, poor health and may accelerates dementia"

Blys™ is a sleek, modern light source designed with the specific needs of elderly people. Blys™ can be used as a nightlight or gentle bedroom lighting, and enables access to essential personal possessions during the night, aiding peace of mind and restful sleep.

As a nightlight it provides a low-level glow which allows uninterrupted sleep, but on waking it provides a focus in a room, allowing items such as bedside lights, spectacles, water, phone, and other personal items to be easily identified without switching the main light on.

A low level of light from the tray provides an immediate focus and sense of security if awakened during the night, whilst preventing the shock experienced when turning on conventional lighting, or the frustration of finding the light switch.

Winner of 2015 UK Building Better Healthcare Awards

The 17th annual [Building Better Healthcare Awards](#) held at The Brewery in central London on 4th November, 2015 saw E2L's Blys Nightlight for the elderly win the Award for Best Furniture Product

Specification

Blys™ measures 400mm by 400mm square and is only 25mm deep. It has four non-slip feet and is spill proof. Blys™ is available for delivery worldwide - it has a universal power supply with mains plugs to suit your country. Power consumption is very low; less than 700mA at 5V. The unit does not get hot, even at the maximum brightness.

It is controlled by means of a simple touch panel along the front facing side. Hand contact anywhere along the main edge of the unit switches on or off, and the brightness can be altered by touching two small 'bright' and 'dim' zones. Blys™ remembers its previous light setting when it's switched off.

Background Research

The Blys™ concept is derived from findings of 'SomnIA'; a four year research programme undertaken by a consortium of universities as part of the 'New Dynamics of Ageing' initiative. The main research partner was the Bath Institute of Medical Engineering (now called Designability)

The main aims were:

To understand the meanings and determinants of poor quality sleep among older people in the community and in residential settings.
To develop cost-effective approaches to non-pharmacological self-management of sleep problems among older people with chronic disease

\$260.00

- Night Light Tablet:

□ **Glitter Lamps - (Electric) \$20.00**

\$20.00

□ **LED Fish Lamp**

\$28.00

□ **Aquarium - Ocean World - Jellyfish \$120.00**

Aquarium - Ocean World - Jellyfish

A bright and interactive addition to any room.

\$120.00

□ **LED Volcano Lamp \$30.00**

A bright lamp with exploding colours. Provides a nice colourful environment to provide stimulation and conversation.

\$30.00

□ **DayClox \$135.00**

Easy to Read Display" Digital Calendar Day Clock.

* New 4 Line display showing the time of day:

Before Dawn - 00:00 to 06:00 (Midnight to 6 a.m.)

Morning - 07:00 to 11:59 (7 a.m. to Midday)

Afternoon - 12:00 to 17:00 (Midday to 5 p.m.)

Evening - 17:00 to 21:00 (5 p.m. to 9 p.m.)

Night - 21:00 to 24:00 (9 p.m. to Midnight)

* Wall Hanging or pull-out stand Self Standing

* 8" LED Screen

* 100+ Year Automatic Calendar - Months & Years

* 12 or 24 Hour plus - DD/MM/YYYY or MM/DD/YYYY modes.

* Silent operation - Auto Night Dimmer

* Auto "On-OFF" Settings Memory

Product Specifications (are subject to the Terms & Conditions of the Product.)

* Stand alone 8" Digital Calendar Clock - Wall Hanging or pull-out stand Self Standing

* Overall Size: 217mm Wide 173mm High (25mm Deep (Thick).

* Character Heights: Day 24.33mm - Time: 36.5mm - Date:9.45mm

* 8" LED Screen 203mm diagonal - 162mm wide x 122mm high

* 100+ Year Automatic Calendar - Months & Years

* Dual Time Mode - 12 or 24 Hour.

* Dual Date Mode - DD/MM/YYYY or MM/DD/YYYY.

* Auto Night Dimmer - 7 p.m. [19:00hrs] to 7 a.m. [07:00 hrs]

* Silent in operation - Fully automatic Calendar changes including Leap Years.

* Auto Built-in "On-OFF" Memory Settings

* Power Adapter - 100-250V AC - Output DC 5Volt 1amp. includes selected plug. Clock must remain connected at all times.

* It is NOT Radio Controlled - Daylight Savings Times require manual adjustment.

\$135.00

- Dayclox:

□ **LED Jellyfish light \$30.00**

LED Jellyfish light \$30.00

LED light with colourful swirling jellyfish

\$30.00

□ **Windssocks, Balloons, Twirls and Fans \$7.00 to \$18.00**

Brighten up any outside or patio area. Constantly moving and providing interest and pleasure.

\$7.00 – \$18.00

- Windssocks:

□ **Date & Weather Board (landscape) \$115**

This board is designed as an orientation device but also as a creative activity.

The board allows for easy updates as dates, weather and seasons change.

Size 60 (w) x 42 (h)

\$115.00

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Jenny Masters Illustrator

Author Anne Kelly

Forgetfulness, Feelings & Farnarkling (Farnarkling - the group activity where everyone sits around discussing the need to 'do something' but nothing actually happens – Urban Dictionary)

The project began in mid 2012 – an idea born from a discussion between two friends, artist Jenny Masters and dementia consultant Anne Kelly. Both had been touched in personal ways by dementia and had seen examples of skilled, compassionate care within dementia support services. However, they were also aware of examples of care deficits at individual or organisational level and the question arose "What can we do to change this?"

By telling peoples' own stories and highlighting aspects of life from the points of view of people living with dementia, and the people close to them, they hoped to encourage discussion and to challenge existing care systems and practise, with faith that any modern dynamic enterprise thrives on feedback from its customer base.

With occasional artistic license this collection of illustrations represents real people's stories from almost 30 years of working in aged care. The book uses humour as a strategy to encourage reflection of practice without defensiveness. We trust that these combined stories will provide strength of evidence of some outcomes of the current system of care and therefore will provoke reflection and action. Many examples of innovative actions are given.

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"This is a must read for anyone who is connected personally or professionally to dementia care. Anne has beautifully captured the realities of living with dementia as well as the realities faced by those who work with such commitment and dedication to meeting the needs of those in their care. This book speaks to the need for change and provides practical suggestions that will help both families and professionals improve the lives of those living with dementia."
 Gail Elliot DementAbility Canada

\$25.00

□ **Prints \$15.00 to \$25.00**

All illustrations from the **Forgetfulness, Feelings and Farnarkling** collection are available in either A4 or A3 prints. The illustrations show often in a humorous way the issues that confront workers and care recipients. A novel way of exposing what we all know happens but what many of us are afraid to admit. Used as a staff development tool the images stimulate conversation and awareness of care practices on residents.

\$15.00 – \$25.00

- Size:
- Illustration:

□ **10 Mixed Cards \$22.00**

These cards are available in packs of 10 mixed featuring illustrations from the **Forgetfulness, Feelings and Farnarkling** collection. They make a perfect gift for anyone who works in aged care with the illustrations showing often in a humorous way the issues that confront workers and care recipients. A novel way of exposing what we all know happens but what many of us are afraid to admit.

Cards measure 13x18mm and are supplied with envelopes. Packs contain one card of each of the following: Lifting Machine, Doggie Dementia, Behaviour, Inside Voice, Rajah, Montessori, Accreditation, I knew I loved you, Diary, Confusion

\$22.00

Interactive Activities

Simple Music Player

The 'Simple Music Player' has been designed to be as easy as possible to operate for the end user; that is, the person with dementia. Setting up the player is undertaken by friends, family or carers, as a one time process. Extensive trialling has verified that the operation is highly intuitive and does not require any prior knowledge or memory to start and stop the player. The styling is also reminiscent of old radios and is instantly recognisable as something which plays music.

To operate, there are only three controls:

- Start playing music - just lift the lid
- Skip this song - (optional) press the big button
- Stop the music - close the lid

The music will always continue from where it was last stopped.

The beneficial effects of music for people with dementia are quite outstanding; both for improving the quality of life, especially when living alone, and for its healthy restorative effects on cognizance and lucidity. A recurring problem however, has been the difficulties people with dementia face when trying to operate modern music playing equipment. Remembering how controls operate or manipulation of knobs, non-tactile buttons, and an array of confusing symbols all limit access to this well proved benefit.

Setting up the Simple Music Player

Setting up is undertaken by friends, family, or carers. There are two essential operations: Setting the volume and uploading the playlist. To upload a playlist the Simple Music Player is plugged into a computer. The process is well described in operating instructions making 'set-up' as easy as possible.

The volume control is designed to avoid being accidentally changed by the user. This could lead to the music being far too loud and disturbing, or too quiet so it may appear to be 'broken' if hard of hearing or confused.

To adjust the volume, using a pencil or similar, press and hold one of the buttons underneath the player. You don't need to press too hard; you should feel a gentle click like on a keyboard or doorbell. Only after holding the control for 5 seconds the volume will begin to increase or decrease, so it can be set to the appropriate level.

Specifications Overview

'Simple Music Player' is an MP3 player which comes in three versions: Red, Green and Burr-Walnut. They are functionally identical so they all operate in the same way. The intention is for the player to be installed and left powered on, allowing the user to operate it at will without any other requirement than to lift or lower the lid to start or stop the music. The only other control available to the regular user is a large button which skips onto the next tune when pressed. Their construction is highly durable consisting of a strong wooden enclosure with a high strength plastic covering. The loudspeaker grille is cloth finished but reinforced with a steel mesh to avoid any damage to the speaker. Rubber feet ensure that the player does not slip. It can be wiped down with a damp cloth if required.

The player has been designed with the minimum of controls and has been extensively tested as well as trialled by the Bath Institute of Medical Engineering (now 'Designability').

On the back panel there are additional facilities for particular personal requirements. If headphones are required, then the green socket accepts a stereo jack-plug. (Note:

headphones can be extremely loud and cause hearing damage)

For people with dexterity problems rather than dementia related conditions the 'ON/OFF' control and 'NEXT TUNE' buttons can be over-ridden by means of remote switches plugged into the two available sockets (note: the lid has to be closed for these controls to work).

Specifications - Technical

- Dimensions: 300mm x 190mm x 110mm
- Weight: 1.7kg
- Colour: Available in Red, Green, and Burr-Walnut effect
- Memory capacity: 4GB minimum (about 1500 - 2000 songs)
- Music upload: via USB connection (cable provided) compatible with Microsoft Windows, Apple ios and Linux
- Music format: MP3 file types only. They will not support MPEG4, WMA, WAV, AAC files.

- User controls: ON/OFF and NEXT TRACK
- Presetable controls: Volume control on the base of device
- Ancillary controls: User controls can be mimicked using remote switches via the back panel
- Headphone socket: Yes
- Power requirements: Local mains supply - factory configured to Australian Standards
- Power consumption: less than 700mA at 9V
- Amplifier: 6W Class D mono audio amplifier
- Speaker: 4ohm 90mm diameter high-quality circular cone
- Cleaning: Wipe down with a damp cloth (not waterproof)
- Country of Origin: Made in Wales, United Kingdom

\$260.00 – \$280.00

- Simple Music Player:

Arthur Bear

"Arthur - a musical Teddy Bear for improving cognizance and engagement".

Comforting and engaging, 'Arthur', combines the profound benefits of targeted music with sensory and tactile feedback, with the engagement of something to be cherished and

cared for.

Arthur is a combination of our experiences of the benefits of music and/or recorded messages for people living with cognitive difficulties such as dementia, learning disabilities and autism, combined with the widely accepted advantages offered by 'doll therapy'. The care and interaction with a comforting soft toy and the music or voice lead to feelings of security, enjoyment, whilst encouraging interaction.

"Don't forget that a Bear's heart starts beating once you touch it"

Just squeeze his "paw s button" the music will play - that's all you have to do!

ARTHUR - WHAT MAKES HIM TICK

Despite the enormous benefits of music and the security and comfort provided by Arthur, operating controls can be too much of a challenge for people with memory difficulties or issues of understanding. Arthur has been designed to be as simple as possible and his intended use is to be activated by friends family or carers, unburdening the user with this task.

Arthur only has one external control and that is to start and stop the music he has been preloaded with. The music has an automatic 'shuffle' mode which ensures that the playlist doesn't always start from the same place. It is most important that the music loaded into Arthur has meaning to the user; this is easy to do and will produce by far the best results

\$180.00

□ **Aquapaint \$38.00**

Aquapaint is a unique reusable painting activity for people with dementia. Simply brush water onto the sheets and watch the image appear. As the water then dries the image fades ready to be used over and over again. Each canvas starts off white, with a simple clear black outline of the image to help guide the painter. As the water is brushed on, a beautiful image is revealed giving the person that wonderful feeling of painting. This is a fabulous activity for people in mid to late stages of dementia.

Each set comes with five different images that have been carefully selected to help start conversation and story telling when the painting is complete. The following sets are available:

Natural World - Butterfly, Goldfish, Horse, Cat, Peacock

Days Out - Hot Air Balloon, Dancing, Queens Guard, Sailing Boat, Beach

Loves - Car, Flowers, Sport, Sewing, Walking baby

Every Day - Cooking, Dog, Makeup, Shaving, Gardening

The Tool Shed - Saw, Paint Pots, Tools, Car Wash and Wallpaper.

At The Seaside - Ice Cream Van, Fish & Chips, Pier, Bucket & Spade and Donkey.

In The Garden - Hedgehog, Roses, Lawnmower, Vegetables and Robin.

At Home - Teapot, Record Player, Knitting Needles, TV and Spinning Top

Transport - Train, Motor bike, Car, Double Decker bus, Scooter

\$38.00

- Sets:

□ **Toss It \$80.00**

This is a Montessori version of the traditional bean bag toss. Unlike the original, 'Toss It' involves every-one and every game is different as people choose what to do when the colours are hit. A fun way to fill an afternoon - no sleeping or wandering away when playing Toss It.

\$80.00

□ **Memory Cascades Beyond Bingo \$75.00**

A Montessori version of traditional Bingo. For groups of 7 or less, this Beyond Bingo encourages reminiscence and story telling. Ten Titles available - Sweet Treats - School Days - A Formal Occasion - In the Shed - Around the House - Cute Babies - Family favourites - Childhood Memories - Baked Treats - In the Kitchen

\$75.00

- Titles:
-

□ **Fiddle Bags \$35.00**

These Fiddle bags contain 20 items that are hidden in rice. A great sensory activity for those that like to 'fiddle' or items can be marked off as they are found. Good for reminiscence and to stimulate conversation.

\$35.00

□ **Art of Conversation Cards \$30.00**

The Art of Conversation Cards

The talking game that leaves everyone talking.

The Art of conversation - All Ages

More than a quiz, more than a book. A perfect resource for everyone. Share, build, grow, develop communication skills and styles that will enhance your relationship with others. Great fun for all ages.

The Art of conversation Cards - Food

This game offers new angles & avenues to think & talk about food, cooking and eating.

From profound issues to the light-hearted, from classics to cutting edge, comfort foods to combinations.

Great fun for everyone.

\$30.00

- Art of Conversation Cards:

□ **Large Cards \$7.00**

Interesting and enjoyable activities for the right person.

\$7.00

□ **Book Club Reading Books**

Setting up a Montessori reading group has never been easier with these readers. With 12 titles there is sure to be a title of interest to everyone. These books come in an electronic version to enable photocopying as required. The more titles you buy the cheaper they become.

\$100.00

- Title:

□ **Blue & Red Book CD Collections \$340.00**

Matched to the song lists and lyrics in the popular Blue and Red Books by Ulverscroft, this collection will provide endless entertainment for many residents and be a valuable addition to your activities book kit.

The Blue Book CD Collection has 7 CDs. The Red Book CD Collection has 12. That's a total of 381 studio-recorded piano tunes all played and arranged with joy and life by Australian Entertainer Barry Hall, OAM

Ideal when you do not have a piano or a pianist to provide musical accompaniment.

\$340.00

□ **Word Searches CD**

This CD contains 72 word searches on 24 themes for Low, Medium and High Care. In each of the word searches, the actual words to be found are also included below the grid. The font size for each level also varies to make it easier for people doing the word searches. Preview the word searches below.

There are three different levels provided for the word searches. These levels are denoted by a star system.

One Star: Indicates suitability for those in high care (following individual assessment by a professional). Distinguished by lighter shading for the answers in the word search grid. Ten words are provided in the word searches.

Two Stars: Indicates suitability for those in medium care (following individual assessment by a professional). Distinguished by lighter shading for the answers in the word search

grid. Twenty words are provided in the word searches.

Three Stars: Indicates suitability for those in low level of care (following individual assessment by a professional). Thirty words are provided in the word searches.

The word searches are: African Countries, Aviation, Cars & Motorcycles, Cat Breeds, Cheeses, Chocolate, Christmas, Cow Breeds, Cricket, Dog Breeds, European Countries, Flowers, Gemstones, Lakes, Languages, Musical Instruments, Nuts, Pasta Varieties, Rivers, Seas, Tartans, Volcanoes, Waterfalls, Wines and Spirits.

Great for reminiscence work too, bringing back memories of different activities which people have enjoyed in the past.

\$30.00

□
Scentscapes \$50.00

Scentscapes were designed to offer somebody both sound and scents of various popular experiences. Our research showed these to be powerful tools to help transport people to a time or place, stimulating memories and conversation and helping to access memories that would otherwise have been difficult to reach.

Each Scentscape comes with four scents, four smelling jars and a 30min CD with specific sounds of a particular theme. Each CD is split into 4 different sections which relate to the four different scents. A great product to use in a group or one to one.

Variations available:

The Tool Shed, At Home, In The Garden and Trains

\$50.00

- Scentscape:

□
Reminiscence Cards \$30.00

These reminiscence products have been designed for people with dementia and are activities for people with mid-stage dementia. The cards are designed to spark a range of conversations around some favourite memories.

This pack contains 15 carefully selected reminiscent images in the era of 1950-1970.

For a quick start, ask the individual to choose a card, then use the questions on the back of the card to initiate exciting conversations.

Sets available:

Animal Album, Home Album, Loves Album and Holiday Album

\$30.00

- Reminiscence Cards:

□
Beads - large lacing (wooden) \$35.00

Beads - large lacing (wooden)

30 large wooden beads in vibrant colours. Suitable for people with dementia, partially sighted adults and adults with learning disabilities.

\$35.00

□
Match a Pair of Shoes \$35.00

Match a Pair of Shoes

The world's most beautiful shoes from vintage to the latest styles. Just place the cards face down and try to locate the pairs.

\$35.00

□ **Follow your nose \$65.00**

Follow your nose

Smells are a great way to bring back vivid memories and trigger conversation for everyone. A unique sensory reminiscence activity - ideal for older people

\$65.00

□ **Activity Apron \$95.00**

Activity Apron

A wonderfully simple form of tactile/sensory stimulation for people with dementia, keeping hands busy and conversation flowing

\$95.00

□ **Activity Cushions \$80.00**

Activity Cushion (Blue)

Anyone with fidgety fingers will love this comfy cushion complete with an assortment of sensory attachments to stroke, thread, twist and twiddle with.

Activity Cushion (Red)

This tactile cushion is perfect to alleviate boredom with the many attachments to move, pull, slide etc. Size: 41cm x 41cm.

\$80.00

- Activity Cushions:

□ **Match a pair of Birds \$35.00**

Match a Pair of Birds

Match the male and female pairs of 25 species of birds from around the world in the beautifully illustrated memory game. Includes barn owl, blue tit and ostrich

\$35.00

□ **Aquarium - Ocean World - Jellyfish \$120.00**

Aquarium - Ocean World - Jellyfish

A bright and interactive addition to any room.

\$120.00

□ **My Story \$30.00**

My Story

A wonderful tool for reminiscence and storage of family memories. A treasured keepsake that can be passed down to the family. Pictures, notes and memories can be stored and enjoyed together.

\$30.00

□ **LED Jellyfish light \$30.00**

LED Jellyfish light \$30.00

LED light with colourful swirling jellyfish

\$30.00

□ **Dog Bingo \$45.00**

This beautifully illustrated bingo game features 64 breeds of dog from around the world. Spot all kinds of dogs – from the tiny chihuahua to the noble Great Dane, from the sleek Saluki to the dreadlocked Hungarian Puli, mark them off on your card and bingo!

\$45.00

□
Sorting Bar \$35.00

Sort the colours
 Sort the shapes

Perfect for helping with hand eye co-ordination,

\$35.00

□
Geometric Shape Sorter \$45.00

This shape sorter will help to develop hand eye coordination & fine motor skills as well as shape and colour recognition.

\$45.00

□
Animal Bingo \$45.00

Bingo is a fun, age appropriate game that is accessible for those at early and later stages of their dementia journey, helping to improve cognitive functions and social participation.

By using authentic animal sound and beautifully illustrated images instead of numbers, people in later stages of dementia are still able to take part in this popular game.

How It Works

Animal Bingo is a group activity for up to 8 players, and a bingo caller to run the session. The game is simple, the bingo caller plays the different sounds on shuffle whilst players put counters on the matching image. The caller will also have a flip book to show images of the animals alongside the sounds as an extra prompt. To win, a player needs to match 9 animal on their card and shout Bingo!

\$45.00

□
Image Snap \$15.00

Image Snap is a set of 36 cards which can be grouped together into different families. These can be used in three different association games which support cognitive stimulation therapy.

How It Works

The pack includes three games of different difficulty levels: Snap, Pairs and Full House. The aim of each game is to match families of cards, e.g. Snap requires the player to match two cards from the same family.

The cards have all been designed with high colour contrast and easily recognisable images that support people with dementia to play each game without assistance. The three different difficulty levels ensure this game is suitable for people with early or mid stage dementia.

\$15.00

□
Sensory Snap Game \$40.00

Sensory Snap is a new tactile association game created to stimulate multiple senses and encourage conversation for people living with mid-late stage dementia.

How It Works

Sensory Snap is a tactile game with a purpose, feel and match the tiles to the images or group the tiles together based on association. Players are thereby encouraged to create new associations or may simply wish to feel and discuss the textures. This type of activity is used in cognitive stimulation therapy which has been proven to be a powerful tool in the care of people living with dementia.

The product can also be used as a simple tactile product to stimulate the senses of people living with later stage dementia.

The Sensory Snap tiles are durable and easily cleaned, making them popular in professional care settings as well as in the home.

Our unique range of colouring books have been designed for people with early to mid-stage dementia. Simple, age-appropriate illustrations and prompts help the user complete each image unassisted.

\$40.00

□
Colouring Books - \$12.00

Our unique range of colouring books have been designed for people with early to mid-stage dementia. Simple, age-appropriate illustrations and prompts help the user complete each image unassisted.

There are four different books available:

Autumn colours

Spring colours

Summer colours

Winter colours

\$12.00

- Colouring books:

□
Word Search \$10.00

Our Word Search books are designed to be an engaging, meaningful puzzle activity for those in early to mid stages of dementia. Each book contains 30 word searches around different themes that will be sure to test your wits.

There are two levels: Level 1 and Level 2

\$10.00

- Level 1:

□
Companion Cats & Dog \$215 - \$235

Our Golden Retriever Puppy and Silver or Orange Tabby Cats offer comfort, joy, and an opportunity for shared interaction between people of all ages. But they're so much more than soft fur, soothing purrs, and pleasant meows or cheeky woofs! Thanks to built-in sensor technology, Companion Pets respond to petting and motion much like the pets you know and love, but don't require any special care or feeding. The two-way interaction helps create a personally rich experience that can bring fun, joy and friendship to you and your loved ones aged 5 to 105. The Companion Pets offer love, company, friendship and won't chew up your slippers!

Golden Pup \$235

- Nuzzles into your hand when it's cheeks are petted
- Pet the back of the pup's head for it to move
- Pat the pups back slowly and feel it's heartbeat
- Talk to your pup and it will respond with puppy like noises
- Just like the real thing the pup will go to sleep if you don't interact for a few minutes, and wake up when you walk past or give it a gentle pat
- Dimensions: 35.5L x23.5W x32.5H Weight approx 1.9 kg

Silver and Tabby Cat \$215

- Nuzzles into your hand when it's cheeks are petted
- Pet your cat's back - or behind its head - and it will purr happily
- Keep petting your cat and it will roll on its back so you can give it a belly rub
- The more you pet your cat, the more relaxed it will get until it shuts its eyes
- If you don't touch your cat for a few minutes, it will go to sleep. To wake it up simply give it a gentle pat on the back. Or it might wake up when you move nearby
- Dimensions : 38.5 L x 23.5 W x 26 L Weight approx 1.9 kg

\$215.00 – \$235.00

- Companion pets:
-

□ **Snakes and Ladders \$45.00**

Snakes and Ladders has been designed with and for people with dementia and is an engaging intergenerational game for people in mid to late stages of dementia. The design has been simplified by using strong colour contrasts and enlarged counters to improve the experience of those living with cognitive dexterity and visual difficulties.

\$45.00

□ **Food 20 Two-Piece Photo Puzzles - \$55.00**

A refreshing twist on two-piece puzzles that are based on photos of various foods from around the world. Particularly dignified for the elderly, those with dementia, re-learning verbal skills and more

\$55.00

□ **Magformers (Pentagon) 12 piece \$40.00**

Brightly coloured magnetic shapes to sort and join

\$40.00

□ **Magformers 14 piece set \$35**

Brightly coloured magnetic shapes to sort and join

\$35.00

□ **Magformers 30 piece set \$65**

Brightly coloured magnetic shapes to sort and join

\$69.00

□ **Digital Jigsaws**

These **Interactive Jigsaw Puzzles** are easy to do and just like conventional jigsaw puzzles they can be played over and over again.

These **Jigsaw Puzzles (not MAC compatible)** have been a big hit for the right person. They're an excellent alternative to physical paper, board or wooden jigsaws. At times people may not be able to handle these if they have problems with their hands. **Best of all the pieces don't get lost.**

People don't need to know how to use a computer, they just need to be taught how to use a mouse or a laptop touchpad/mousepad. A touch screen computer/laptop is even easier to use and of course, for some people, the bigger the screen the better.

Interactive Jigsaw Puzzles are great for stimulating the mind, reminiscing, armchair travel and hand/eye coordination. The colourful photographs which are used for the puzzles present a more realistic view of the world than perhaps cartoon-type illustrations aimed at children.

Each of the 5 **CD's** contains **25 interactive jigsaw puzzles** which can be played on a personal computer or laptop. Five photos have been made into jigsaw puzzles of 12, 24, 40, 104 and 260 pieces (suitable for different skill levels and something for the carers as well). Instructions are included on the CD.

Some older people do enjoy learning a new skill and they do have the capacity to learn new tricks. Don't underestimate them. However, in some instances, it is better to say "screen" than "computer" because people tend to be more accustomed to a TV screen rather than a computer.

There's an audible click when pieces are placed in the correct position and the player is congratulated when the jigsaw puzzle is complete, giving that sense of achievement.

Interactive Jigsaw Puzzles almost become giant apps when used with an interactive white board or a TV sized touch screen.

Preview the movie clips below showing how to do a sample 12-piece and 24-piece jigsaw puzzle (from **African Animals** and **British Buses** CDs).

<https://www.youtube.com/embed/uSRUjM4MqwE?rel=0>

<https://www.youtube.com/embed/DUVeWQADIAE?rel=0>

\$30.00

- Digital Jigsaws:
-

Jigsaw Puzzles

□ **Memory Cascades Jigsaws \$40.00**

These 12 or 24 piece wooden jigsaw puzzles provide opportunity for reminiscence and creating memory cascades. Each jigsaw comes in a tray for easy use, an A4 picture guide and a story card with prompt questions to evoke memories. The jigsaws come in 12 images - china cups - telephone - tractor - dunny - cards - vase - teapot - sewing machine.

\$38.00 – \$40.00

- Jigsaws:
- Size:

□ **Old Time Jigsaws \$40.00**

These Old Time Jigsaws will bring back memories and encourage story telling. Available in both 12 and 24 pieces they are certain to bring joy and a sense of achievement when the last piece is placed and the puzzle completed.

\$40.00

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\$40.00

- Old Time Jigsaw s:

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A refreshing twist on two-piece puzzles that are based on photos of various foods from around the world. Particularly dignified for the elderly, those with dementia, re-learning verbal skills and more

\$55.00

Montessori

□ **Forgetfulness, Feelings & Farnarkling**

Forgetfulness, Feelings & Farnarkling Book

Reflections on Aged Care and How you can make a difference

Jenny Masters Illustrator

Author Anne Kelly

Forgetfulness, Feelings & Farnarkling (Farnarkling - the group activity where everyone sits around discussing the need to 'do something' but nothing actually happens – Urban Dictionary)

The project began in mid 2012 – an idea born from a discussion between two friends, artist Jenny Masters and dementia consultant Anne Kelly. Both had been touched in personal ways by dementia and had seen examples of skilled, compassionate care within dementia support services. However, they were also aware of examples of care deficits at individual or organisational level and the question arose "What can we do to change this?"

By telling peoples' own stories and highlighting aspects of life from the points of view of people living with dementia, and the people close to them, they hoped to encourage discussion and to challenge existing care systems and practise, with faith that any modern dynamic enterprise thrives on feedback from its customer base.

With occasional artistic license this collection of illustrations represents real people's stories from almost 30 years of working in aged care. The book uses humour as a strategy to encourage reflection of practice without defensiveness. We trust that these combined stories will provide strength of evidence of some outcomes of the current system of care and therefore will provoke reflection and action. Many examples of innovative actions are given.

Each illustration, its accompanying story and explanation gives life to the voices of people living with dementia.

This provocative and inspirational book.

"This is a must read for anyone who is connected personally or professionally to dementia care. Anne has beautifully captured the realities of living with dementia as well as the realities faced by those who work with such commitment and dedication to meeting the needs of those in their care. This book speaks to the need for change and provides practical suggestions that will help both families and professionals improve the lives of those living with dementia."
 Gail Elliot DementAbility Canada

\$25.00

□ **Ice Cube Matching Activity \$25.00**

This bright and fun activity has two levels. People match the coloured balls to the bright coloured ice cube trays. When they are able to do this well, a pair of tongs can be added to make the activity more difficult. This activity enhances motor skills which are needed for personal care and eating.

\$25.00

□ **Spaced Retrieval Step by Step \$65.00**

Authors/Editors: [Jeanette E Benigas](#), [Jennifer A Brush](#), [Gail M Elliot](#),.

Help your clients who have memory loss remember important information or actions with the proven memory training strategy of spaced retrieval (SR). Using this therapeutic communication method allows people to learn and store important information (such as when to take medications or how to use a walker) in long-term memory so that, with practice, it can be easily accessed and retrieved.

Now you can learn this innovative process step by step, from identifying a person's needs and desires, to creating the spaced retrieval format that supports those needs, to using SR practices to increase success in the person's daily routines. Plus, you'll get illustrative case studies, assessment forms, visual cueing tools, and tips for communication.

With SR, speech-language pathologists, occupational and physical therapists, nurses, and healthcare and homecare professionals at all levels of care can bring more confidence, safety, and independence into the lives of people with memory loss and their care partners.

\$65.00

□ **Memory Cascade Matching Activities \$20.00 each**

Memory Cascades Matching Activities are a set of 10 templates that feature photographs of familiar items on one side with the object names on the other. The aim of these activities is to promote reminiscence as the user matches the images to the template or the words creating cascades of memories and experiences from the past. Users can progress from matching the pictures to matching the pictures to the words. This makes the activity more difficult.
 Stimulating memories - Enriching Lives

The activities have the titles:

- In the Kitchen
- Childhood Memories
- A Formal Occasion
- In the Shed
- Family Favourites
- Home Baked
- Sweet Treats
- Around the House
- School Days
- Cute Babies

\$20.00

- Memory Cascade Matching Activities:

□

Montessori Methods for Dementia \$55.00

Montessori Methods for Dementia focus on supporting both the person and the prepared environment and are aimed at addressing the many and diverse issues that arise when one is coping with the losses that are commonly associated with dementia. These innovative techniques are intended to engage people with dementia in life and living, by providing an environment that supports their losses, and circumvents their deficits, while providing meaning and purpose to their day. This book provides the details that will help to put these methods and techniques into practice.

\$55.00

□

Fruit & Veg Sort Activity \$25.00

These bright activities encourage maintenance of motor skills as the person uses tongs to sort varieties of fruit or vegetables. Varieties of fruit and vegetables vary. Each activity comes with 36 lifelike poly foam fruit or vegetables, a pair of tongs and a three sectioned tray for placing the items. To be used under supervision

\$25.00

- Sort:

□

Muffin Tray Match Activity \$25.00

This Montessori fine motor skill activity is fun and has two levels. People match the coloured balls to the colours in the base of the muffin tray. When they are able to do this well, a pair of tongs can be added to make the activity more difficult. This activity enhances motor skills which are needed for personal care and eating. Ball and tray colour may vary.

\$25.00

□

Memory Cascades Posters \$80.00 per set

A collection of A2 wall posters designed in the Montessori way to promote reminiscence and memory cascades. Featuring images of common items from their past the posters create Memory Cascades that will bring enjoyment and promote social interactions and story telling. Stimulating memories - Enriching Lives
 Available in two sets of four.

Set A: Home Baked/In the Shed/A Formal Occasion/Childhood Memories.

Set B: In the Kitchen/Sweet Treats/Around the House/Family Favourites

\$80.00

- Memory Cascades:

□

Montessori Button Sort Activity \$20.00

These sort activities bring enjoyment as the person sorts buttons, into colour groups.

There are three different containers containing different coloured buttons.

\$20.00

□

Memory Cascades Conversation Cards \$25.00

Memory Cascades Conversation Cards are a set of 10 cards that feature photographs of familiar items on one side, with a story and questions on the other. The aim is to promote reminiscence as the reader connects the images and questions to cascades of memories and experiences from the past.

The cards can be used individually or in groups. They can be used as an around the table activity while waiting for meals and can add enjoyment when visiting family and friends.

Stimulating memories - Enriching Lives

The cards include the titles:

- In the Kitchen
- Childhood Memories
- A Formal Occasion
- In the Shed
- Family Favourites
- Home Baked
- Sweet Things
- Around the House
- School Days
- Cute and Cuddly

\$25.00

□ **Monty's Math \$20.00**

These Montessori "Monty's Math" templates provide simple mathematical challenges. All answers are provided on cards and each activity has two levels.

\$20.00

- Monty's Math:

□ **Dice Game \$8.00**

This bright dice activity is easy to play. It has two levels of difficulty so everyone can have a go. The aim of the game is to turn all the numbers over, but you can only do this by throwing the dice.

\$8.00

□ **Aquapaint \$38.00**

Aquapaint is a unique reusable painting activity for people with dementia. Simply brush water onto the sheets and watch the image appear. As the water then dries the image fades ready to be used over and over again. Each canvas starts off white, with a simple clear black outline of the image to help guide the painter. As the water is brushed on, a beautiful image is revealed giving the person that wonderful feeling of painting. This is a fabulous activity for people in mid to late stages of dementia.

Each set comes with five different images that have been carefully selected to help start conversation and story telling when the painting is complete. The following sets are available:

Natural World - Butterfly, Goldfish, Horse, Cat, Peacock

Days Out - Hot Air Balloon, Dancing, Queens Guard, Sailing Boat, Beach

Loves - Car, Flowers, Sport, Sewing, Walking baby

Every Day - Cooking, Dog, Makeup, Shaving, Gardening

The Tool Shed - Saw, Paint Pots, Tools, Car Wash and Wallpaper.

At The Seaside - Ice Cream Van, Fish & Chips, Pier, Bucket & Spade and Donkey.

In The Garden - Hedgehog, Roses, Lawnmower, Vegetables and Robin.

At Home - Teapot, Record Player, Knitting Needles, TV and Spinning Top

Transport - Train, Motor bike, Car, Double Decker bus, Scooter

\$38.00

- Sets:

□ **Memory Cascades Jigsaws \$40.00**

These 12 or 24 piece wooden jigsaw puzzles provide opportunity for reminiscence and creating memory cascades. Each jigsaw comes in a tray for easy use, an A4 picture guide

and a story card with prompt questions to evoke memories. The jigsaw s come in 12 images - china cups- telephone - tractor - dunny - cards - vase - teapot - sewing machine.

\$38.00 – \$40.00

- Jigsaw s:
- Size:

□

Toss It \$80.00

This is a Montessori version of the traditional bean bag toss. Unlike the original, 'Toss It' involves every-one and every game is different as people choose what to do when the colours are hit. A fun way to fill an afternoon - no sleeping or wandering away when playing Toss It.

\$80.00

□

Memory Cascades Beyond Bingo \$75.00

A Montessori version of traditional Bingo. For groups of 7 or less, this Beyond Bingo encourages reminiscence and story telling. Ten Titles available - Sweet Treats - School Days - A Formal Occasion - In the Shed - Around the House - Cute Babies - Family favourites - Childhood Memories - Baked Treats - In the Kitchen

\$75.00

- Titles:

□

Art of Conversation Cards \$30.00

The Art of Conversation Cards

The talking game that leaves everyone talking.

The Art of conversation - All Ages

More than a quiz, more than a book. A perfect resource for everyone. Share, build, grow, develop communication skills and styles that will enhance your relationship with others. Great fun for all ages.

The Art of conversation Cards - Food

This game offers new angles & avenues to think & talk about food, cooking and eating.

From profound issues to the light-hearted, from classics to cutting edge, comfort foods to combinations.

Great fun for everyone.

\$30.00

- Art of Conversation Cards:

□

Book Club Reading Books

Setting up a Montessori reading group has never been easier with these readers. With 12 titles there is sure to be a title of interest to everyone. These books come in an electronic version to enable photocopying as required. The more titles you buy the cheaper they become.

\$100.00

- Title:

□

Montessori Matching Activity \$20.00

These matching activities enable pictures to be matched to both pictures first and then to increase the difficulty level the pictures can be matched to the words. Ten templates available - Fabulous Fruit, Vibrant Veggies, Favourite Flowers, Balls for All Occasions, Beautiful Birds, In the Nursery, In the Fridge, In the Shed, Farm Animals, . These activities encourage reminiscence and story telling.

\$20.00

- Matching Activities:

□

Scentscapes \$50.00

Scentscapes were designed to offer somebody both sound and scents of various popular experiences. Our research showed these to be powerful tools to help transport people

to a time or place, stimulating memories and conversation and helping to access memories that would otherwise have been difficult to reach.

Each Scentscape comes with four scents, four smelling jars and a 30min CD with specific sounds of a particular theme. Each CD is split into 4 different sections which relate to the four different scents. A great product to use in a group or one to one.

Variations available:

The Tool Shed, At Home, In The Garden and Trains

\$50.00

- Scentscape:

□

Reminiscence Cards \$30.00

These reminiscence products have been designed for people with dementia and are activities for people with mid-stage dementia. The cards are designed to spark a range of conversations around some favourite memories.

This pack contains 15 carefully selected reminiscent images in the era of 1950-1970.

For a quick start, ask the individual to choose a card, then use the questions on the back of the card to initiate exciting conversations.

Sets available:

Animal Album, Home Album, Loves Album and Holiday Album

\$30.00

- Reminiscence Cards:

□

Beads - large lacing (wooden) \$35.00

Beads - large lacing (wooden)

30 large wooden beads in vibrant colours. Suitable for people with dementia, partially sighted adults and adults with learning disabilities.

\$35.00

□

Match a Pair of Shoes \$35.00

Match a Pair of Shoes

The world's most beautiful shoes from vintage to the latest styles. Just place the cards face down and try to locate the pairs.

\$35.00

□

Touch and Match \$35.00

Touch and Match

A game especially suited for anyone with a sight impairment. 10 different tactile 'feels' to match including ridges, foam, sandpaper, mesh, velvet, shiny etc

\$35.00

□

Follow your nose \$65.00

Follow your nose

Smells are a great way to bring back vivid memories and trigger conversation for everyone. A unique sensory reminiscence activity - ideal for older people

\$65.00

□

Match a pair of Birds \$35.00

Match a Pair of Birds

Match the male and female pairs of 25 species of birds from around the world in the beautifully illustrated memory game. Includes barn owl, blue tit and ostrich

\$35.00

□ **Dog Bingo \$45.00**

This beautifully illustrated bingo game features 64 breeds of dog from around the world. Spot all kinds of dogs – from the tiny chihuahua to the noble Great Dane, from the sleek Saluki to the dreadlocked Hungarian Puli, mark them off on your card and bingo!

\$45.00

□ **Sorting Bar \$35.00**

Sort the colours
Sort the shapes

Perfect for helping with hand eye co-ordination,

\$35.00

□ **Geometric Shape Sorter \$45.00**

This shape sorter will help to develop hand eye coordination & fine motor skills as well as shape and colour recognition.

\$45.00

□ **Animal Bingo \$45.00**

Bingo is a fun, age appropriate game that is accessible for those at early and later stages of their dementia journey, helping to improve cognitive functions and social participation.

By using authentic animal sound and beautifully illustrated images instead of numbers, people in later stages of dementia are still able to take part in this popular game.

How It Works

Animal Bingo is a group activity for up to 8 players, and a bingo caller to run the session. The game is simple, the bingo caller plays the different sounds on shuffle whilst players put counters on the matching image. The caller will also have a flip book to show images of the animals alongside the sounds as an extra prompt. To win, a player needs to match 9 animal on their card and shout Bingo!

\$45.00

□ **Image Snap \$15.00**

Image Snap is a set of 36 cards which can be grouped together into different families. These can be used in three different association games which support cognitive stimulation therapy.

How It Works

The pack includes three games of different difficulty levels: Snap, Pairs and Full House. The aim of each game is to match families of cards, e.g. Snap requires the player to match two cards from the same family.

The cards have all been designed with high colour contrast and easily recognisable images that support people with dementia to play each game without assistance. The three different difficulty levels ensure this game is suitable for people with early or mid stage dementia.

\$15.00

□ **Sensory Snap Game \$40.00**

Sensory Snap is a new tactile association game created to stimulate multiple senses and encourage conversation for people living with mid-late stage dementia.

How It Works

Sensory Snap is a tactile game with a purpose, feel and match the tiles to the images or group the tiles together based on association. Players are thereby encouraged to create new associations or may simply wish to feel and discuss the textures. This type of activity is used in cognitive stimulation therapy which has been proven to be a powerful tool in the care of people living with dementia.

The product can also be used as a simple tactile product to stimulate the senses of people living with later stage dementia.

The Sensory Snap tiles are durable and easily cleaned, making them popular in professional care settings as well as in the home.

Our unique range of colouring books have been designed for people with early to mid-stage dementia. Simple, age-appropriate illustrations and prompts help the user complete each image unassisted.

\$40.00

□
Colouring Books - \$12.00

Our unique range of colouring books have been designed for people with early to mid-stage dementia. Simple, age-appropriate illustrations and prompts help the user complete each image unassisted.

There are four different books available:

Autumn colours

Spring colours

Summer colours

Winter colours

\$12.00

- Colouring books:

□
Object Matching Activity \$40

Object Matching Activity

Our objects sets come with 3-Part Cards 3 3/4" x 3 1/4" which enables varying levels of difficulty. People can match the object to the picture only, and then use the labels to name each object or they can match to the picture with name. A good activity to stimulate reminiscence and storytelling. The photo cards have the image of the object to match to the size of the actual objects. The cards are UV coated to provide protection and durability. The UV coated Cards are packed in a resealable plastic bag and the objects come in a draw string bag.

Available Subjects

Australiana, Backyard birds, Farm animals, Flowers, Fruit and Vegetables, Musical instruments, Seashells, Sport, Tools, Transportation (water)

\$40.00

- Object Matching:

□
3 Part Matching Cards \$30.00

3 Part Matching Cards

These matching cards contain sets of 12 photos and offer three levels of difficulty. People can match the pictures, label the objects or match the label to the label. These cards stimulate reminiscence and storytelling. The cards and labels are UV coated to provide protection and durability.

Each set contains 12 x picture only cards, 12 x picture with label cards and 12 x labels.

Available Subjects

Animals, Vegetables, Spring, Musical instruments, Flowers, Seashells, Sport, Tools

\$35.00

- Matching cards:

□
Memory Aids \$200.00

Memory Aids

This book contains an overview of the research that supports the use of memory aids and over 200 pages of memory cues that have been created in bright colours for you to easily photocopy, laminate, and use.

\$200.00

□ **Montessori Picture Matching Cards \$35.00**

Montessori Picture Matching Cards

Picture Matching Cards comes in sets of 24 cards with a photo of an isolated subject. The cards do not have text in the front or back.

Each card has a different photo for a total of 12 different isolated subjects; the cards are UV coated to provide protection and durability.

A good activity to stimulate reminiscence and storytelling.

They are packed as 12 UV coated cards in a resealable plastic bag with two bags forming the set

Each card is 3 3/4" X 3 1/4"

AVAILABLE Matching Sets

Birds, Dogs, Farm animals, Flowers, Fruit, Musical instruments, Rainforest, Sea animals, Sports, Farm, Tools, Transportation, Vegetables, Wild animals

\$35.00

- Montessori Matching Cards:

□ **Lacing Buttons \$25.00**

Lacing Buttons

Bright and colourful buttons 40 pc that come with 2 laces 4cm (diameter).

Box size 18.5 x 10.5x4.5

\$25.00

□ **Animal Shadow \$20**

Animal Shadow

Match the pictures of animals with their shadow.

Fun and interactive

\$20.00

□ **Make a pair \$12.00**

Fun and simple game matching items

Box of 12

\$12.00

□ **Magformers (Pentagon) 12 piece \$40.00**

Brightly coloured magnetic shapes to sort and join

\$40.00

□ **Magformers 14 piece set \$35**

Brightly coloured magnetic shapes to sort and join

\$35.00

□ **Magformers 30 piece set \$65**

Brightly coloured magnetic shapes to sort and join

\$69.00

□ **Montessori Activity Packs \$700- \$1400**

These packs provide the items you need to be able to offer Montessori activities. Choose between a Montessori Starter pack or an Ultimate Pack. These packs make choosing easy. A selection of products have been carefully chosen to start you on your Montessori journey.

Please note photos do not depict exact kits, some items may vary in type and not all items are in photo.

Content of Starter Kit:

1 x Memory Cascades Conversation Cards

2 x Montessori Matching Activities

1 x Montys math

1 x Toss It

3 x Memory Cascades Matching Activities

1 x Fiddle bag

1 x Touch & Match

1 x Sorting Activity

1 x Ice Cube Matching Activity

2 x Aquapaints

2 x Demeter fragrances

1 x Memory Cascades Bingo

2 x Montessori Reading Circle Books

1 x Geometric Shape sorter

Total Value \$807.00

Special Starter pack Price \$700.00

Freight:\$30.00

Ultimate Kit Contents:

1 x Memory Cascades Conversation Cards

2 x Reminiscence cards

4 x Montessori Matching Activities
 2 x Montys math
 6 x Memory Cascade Matching Activities
 1 x Matching Birds
 1 x Matching Shoes
 1 x Follow Your Nose
 1 x Fiddle bag
 1 x Touch and Match
 2 x Memory Cascade Posters (set A & B)
 1 x Fruit sorting activity
 1 x Vegetable sorting activity
 1 x Muffin Activity
 1 x Ice Cube activity
 1 x Large beads
 4 x Aquapaints
 4 x Demeter fragrances
 2 x Memory Cascade Bingo
 4 x Montessori Reading Circle Books
 1 x Geometric Sorter
 1 x Sensory Snap

Total Value \$1594.00

Ultimate Kit Cost \$1400.00

Freight: \$60.00

\$700.00 – \$1,400.00

- Montessori Activity Kits:

□

Montessori Labels \$3.00 per sheet

These labels are ready for printing to enable you to create your own Montessori signage. The labels/signs do not require any blue tac or adhesives, they are vinyl coated and stick to any surface. They can be cleaned using a damp cloth and they are removable and reusable. All labels are yellow background with a black border. Print your own signage using an inkjet printer. Labels and signs now easy to make using these templates.

Ideal for labelling cupboards, canisters or drawers or making signage to orientate to rooms or toilets etc.

They come in three sizes, 99 x 57mm labels sold in sheets of 10 labels, A4 size or A5 size sold in sheets of two.

Montessori Signage has never been easier to achieve! No need to put up with tatty signage or labels any more. This product has changed the face of Montessori signage.

\$3.00

- Montessori labels:
-

Practical Help

Simple Music Player

The 'Simple Music Player' has been designed to be as easy as possible to operate for the end user; that is, the person with dementia. Setting up the player is undertaken by friends, family or carers, as a one time process. Extensive trialling has verified that the operation is highly intuitive and does not require any prior knowledge or memory to start and stop the player. The styling is also reminiscent of old radios and is instantly recognisable as something which plays music.

To operate, there are only three controls:

- Start playing music - just lift the lid
- Skip this song - (optional) press the big button
- Stop the music - close the lid

The music will always continue from where it was last stopped.

The beneficial effects of music for people with dementia are quite outstanding; both for improving the quality of life, especially when living alone, and for its healthy restorative effects on cognizance and lucidity. A recurring problem however, has been the difficulties people with dementia face when trying to operate modern music playing equipment. Remembering how controls operate or manipulation of knobs, non-tactile buttons, and an array of confusing symbols all limit access to this well proved benefit.

Setting up the Simple Music Player

Setting up is undertaken by friends, family, or carers. There are two essential operations: Setting the volume and uploading the playlist. To upload a playlist the Simple Music Player is plugged into a computer. The process is well described in operating instructions making 'set-up' as easy as possible.

The volume control is designed to avoid being accidentally changed by the user. This could lead to the music being far too loud and disturbing, or too quiet so it may appear to be 'broken' if hard of hearing or confused.

To adjust the volume, using a pencil or similar, press and hold one of the buttons underneath the player. You don't need to press too hard; you should feel a gentle click like on a keyboard or doorbell. Only after holding the control for 5 seconds the volume will begin to increase or decrease, so it can be set to the appropriate level.

Specifications Overview

'Simple Music Player' is an MP3 player which comes in three versions: Red, Green and Burr-Walnut. They are functionally identical so they all operate in the same way. The intention is for the player to be installed and left powered on, allowing the user to operate it at will without any other requirement than to lift or lower the lid to start or stop the music. The only other control available to the regular user is a large button which skips onto the next tune when pressed. Their construction is highly durable consisting of a strong wooden enclosure with a high strength plastic covering. The loudspeaker grille is cloth finished but reinforced with a steel mesh to avoid any damage to the speaker. Rubber feet ensure that the player does not slip. It can be wiped down with a damp cloth if required.

The player has been designed with the minimum of controls and has been extensively tested as well as trialled by the Bath Institute of Medical Engineering (now 'Designability').

On the back panel there are additional facilities for particular personal requirements. If headphones are required, then the green socket accepts a stereo jack-plug. (Note:

headphones can be extremely loud and cause hearing damage)

For people with dexterity problems rather than dementia related conditions the 'ON/OFF' control and 'NEXT TUNE' buttons can be over-ridden by means of remote switches plugged into the two available sockets (note: the lid has to be closed for these controls to work).

Specifications - Technical

- Dimensions: 300mm x 190mm x 110mm
- Weight: 1.7kg
- Colour: Available in Red, Green, and Burr-Walnut effect
- Memory capacity: 4GB minimum (about 1500 - 2000 songs)
- Music upload: via USB connection (cable provided) compatible with Microsoft Windows, Apple ios and Linux
- Music format: MP3 file types only. They will not support MPEG4, WMA, WAV, AAC files.

- User controls: ON/OFF and NEXT TRACK
- Presetable controls: Volume control on the base of device
- Ancillary controls: User controls can be mimicked using remote switches via the back panel
- Headphone socket: Yes
- Power requirements: Local mains supply - factory configured to Australian Standards
- Power consumption: less than 700mA at 9V
- Amplifier: 6W Class D mono audio amplifier
- Speaker: 4ohm 90mm diameter high-quality circular cone
- Cleaning: Wipe down with a damp cloth (not waterproof)
- Country of Origin: Made in Wales, United Kingdom

\$260.00 – \$280.00

- Simple Music Player:

Blys Nightlight

“Much more than a lamp or nightlight ... Blys enables focussed security, spatial awareness, reduces falls and breakages, low impact illumination, and improves ambience for residents and staff alike”

“Most nursing home residents sleep with the light on due to anxiety - this promotes ill-temper, poor health and may accelerates dementia”

Blys™ is a sleek, modern light source designed with the specific needs of elderly people. Blys™ can be used as a nightlight or gentle bedroom lighting, and enables access to essential personal possessions during the night, aiding peace of mind and restful sleep.

As a nightlight it provides a low-level glow which allows un-interrupted sleep, but on waking it provides a focus in a room, allowing items such as bedside lights, spectacles, water, phone, and other personal items to be easily identified without switching the main light on.

A low level of light from the tray provides an immediate focus and sense of security if wakened during the night, whilst preventing the shock experienced when turning on conventional lighting, or the frustration of finding the light switch.

Winner of 2015 UK Building Better Healthcare Awards

The 17th annual [Building Better Healthcare Awards](#) held at The Brewery in central London on 4th November, 2015 saw E2L's Blys Nightlight for the elderly win the Award for Best Furniture Product

Specification

Blys™ measures 400mm by 400mm square and is only 25mm deep. It has four non-slip feet and is spill proof. Blys™ is available for delivery worldwide - it has a universal power supply with mains plugs to suit your country. Power consumption is very low; less than 700mA at 5V. The unit does not get hot, even at the maximum brightness.

It is controlled by means of a simple touch panel along the front facing side. Hand contact anywhere along the main edge of the unit switches on or off, and the brightness can be altered by touching two small 'bright' and 'dim' zones. Blys™ remembers its previous light setting when it's switched off.

Background Research

The Blys™ concept is derived from findings of 'SomnIA'; a four year research programme undertaken by a consortium of universities as part of the 'New Dynamics of Ageing' initiative. The main research partner was the Bath Institute of Medical Engineering (now called Designability)

The main aims were:

To understand the meanings and determinants of poor quality sleep among older people in the community and in residential settings.
To develop cost-effective approaches to non-pharmacological self-management of sleep problems among older people with chronic disease

\$260.00

- Night Light Tablet:

□

Key Safe

Secure your keys outside for quick property access when keys are lost or when urgent entry is required.

Features & Benefits

1. Provides easy access to premises
2. Avoids delays and damage to property
3. Fits up to five standard house keys
4. Two styles to choose from - padlock or wall mount

Available in three models.

Easy to Use

1. Easily set and reset your own 4 digit code- offers up to 10,000 possible combinations
2. Change the code as often as you like
3. Wall mounted version easily bolted to wall

Robust Construction

1. Solid zinc and aluminium design
2. Shutter door protects combination dials from weather, dirt and grime

3. Water and rust proof

4. Shatterproof

\$65.00 – \$95.00

- Models:

□
Activity Blanket \$100.00

A unique Activity Blanket for people with a dementia like Alzheimer's keeps hands occupied and provides useful sensory stimulation. Enabling sensory stimulation for people with dementia.

\$100.00

□
DayClox \$135.00

Easy to Read Display" Digital Calendar Day Clock.

* New 4 Line display showing the time of day:

Before Dawn - 00:00 to 06:00 (Midnight to 6 a.m.)

Morning - 07:00 to 11:59 (7 a.m. to Midday)

Afternoon - 12:00 to 17:00 (Midday to 5 p.m.)

Evening - 17:00 to 21:00 (5 p.m. to 9 p.m.)

Night - 21:00 to 24:00 (9 p.m. to Midnight)

* Wall Hanging or pull-out stand Self Standing

* 8" LED Screen

* 100+ Year Automatic Calendar - Months & Years

* 12 or 24 Hour plus - DD/MM/YYYY or MM/DD/YYYY modes.

* Silent operation - Auto Night Dimmer

* Auto "On-OFF" Settings Memory

Product Specifications (are subject to the Terms & Conditions of the Product.)

* Stand alone 8" Digital Calendar Clock - Wall Hanging or pull-out stand Self Standing

* Overall Size: 217mm Wide 173mm High (25mm Deep (Thick).

* Character Heights: Day 24.33mm - Time: 36.5mm - Date:9.45mm

* 8" LED Screen 203mm diagonal - 162mm wide x 122mm high

* 100+ Year Automatic Calendar - Months & Years

* Dual Time Mode - 12 or 24 Hour.

* Dual Date Mode - DD/MM/YYYY or MM/DD/YYYY.

* Auto Night Dimmer - 7 p.m. [19:00hrs] to 7 a.m. [07:00 hrs]

* Silent in operation - Fully automatic Calendar changes including Leap Years.

* Auto Built-in "On-OFF" Memory Settings

* Power Adapter - 100-250V AC - Output DC 5Volt 1amp. includes selected plug. Clock must remain connected at all times.

* It is NOT Radio Controlled - Daylight Savings Times require manual adjustment.

\$135.00

- Dayclox:

□
Dementia Care solutions and Insights \$38.00

This book is for anyone who wants to learn about dementia and understand dementia. It discusses how to meet the needs of both caregivers and their loved ones. The focus is on Gail Elliot's Dementia Ability Methods which are aimed at creating a supportive environment that adds meaning, purpose, joy and quality living to each day.

\$38.00

□
TL-5102TP Pager – Two Call Button \$130

Increased Caregiver Freedom

The TL-5102TP is a Stand Alone Personal Paging System and includes two Call Buttons and one Caregiver Pager. When pressed, the Nurse Call Buttons send a wireless signal to the pager, alerting the caregiver that assistance is required. This simple, streamlined system allows you to eliminate in-room alarm noise and with a range of up to 100m, caregivers have the freedom they need.

Easy Push-Button Operation

The call buttons can be worn about the neck using the provided lanyard strap or wall-mounted using the provided plastic cradle for easy access.

Versatile Pocket-Sized Pager

The Caregiver Pager has two audible sounds to choose from and is small enough to be carried in a pocket or clipped to a belt.

Key Features:

- Insert batteries and it's ready to use
- Audible alert pager with adjustable tone
- Range up to 100m.
- Lanyard Strap & Wall-Mounting Cradle Included
- Pager Battery Operated (2-AA)

\$130.00

Fall/ Anti Wandering Sensor to Pager Kit TL-5102MP \$130

Motion Activated Stand Alone Caregiver Paging System

No Noise in Room! The Smart Caregiver TL-5102MP is a stand-alone motion paging system that allows you to eliminate in-room alarm noise. The Motion Sensor is placed in a doorway or by the bedside. When motion is detected, a wireless signal is sent to the caregiver pager up to 300 feet (approx. 100m) away. Caregiver Alerted by Pager The Caregiver Pager is pocket-sized and light-weight; giving caregivers the freedom they need. Place it where you need it. The sensor can be placed next to the bed, by a doorway or anywhere to detect movement.

Key Features: • Quiet - No alarming monitors • Easy to set up - insert batteries and it's ready to use • Pocket sized pager - Easy to carry • Motion Sensor can be placed by bed or doorway to monitor residents activities • Batteries included (2 x AA, 3 x AA) • Optional AC adapter available (AC-04)

\$130.00

RP-433BRI-SYS Complete Cordless Bed Exit Monitoring System \$345

The RP-433BRI-SYS is a Stand Alone Cordless Bed Exit Alarm System and includes an easy to use cordless exit alarm. The monitor is lightweight and can be paired with up to 6 wireless components if needed. Also included is one cordless bed pad sensor.

Remove Noise From The Room

Monitor can be mounted away from the bed, removing in-room alarm noise and reducing entanglements and tripping hazards. Adjustable volume and gentle chime alert won't startle residents and offers QUIETER fall prevention.

Features:

- Affordable & effective wireless monitoring
- Easy set up and operation
- Works with all our CordLess® Sensor Pads & Mats, Nurse Call Buttons, and Motion Sensors
- Monitor up to six (6) components with one alarm (one bed pad monitor supplied with this kit)
- Adjustable volume
- Battery Operated (3-C, Not Included)
- Optional 12V DC Power Adapter (AC-04)

\$345.00

RP-433BBRI-SYS Complete Corded Chair Exit Monitoring System \$225

Know when your loved one is getting up from a Chair, and get to them before they fall

The RP-433BBRI-SYS is a Stand Alone Corded Chair Exit Alarm System and includes an easy to use corded, (TL-2100B) alarm together with a corded Chair Pad

Great Value!

The Smart Caregiver TL-2100B Monitor is a Full-Function, Low Cost fall alarm monitor designed for use with all Smart Caregiver Corded Pads and Mats. This is a high quality product at a great, everyday price.

□

Auto-Reset Function

The Fall Monitor can be placed at the bedside or wheelchair and connected to a corded sensor pad which is placed under the individual. When the resident gets up and pressure is removed from the pad, the monitor will sound alerting the caregiver. When pressure is re-applied to the pad, the monitor will automatically silence and reset for use.

□

Monitor can be set to silent

Monitor can be set to silent when using an existing nurse call system and additional nurse call cord.

Features:

-Adjustable volume control – Monitor can be set to silent if used with existing nurse call system.

-Auto-Reset: Monitor automatically resets when pressure is re-applied to connected pad or mat.

-Nurse call port – connects monitor directly to existing nurse call system.

-Low battery & status indicator lights.

-Battery Operated (1-9Volt, Not Included).

-Optional 9V DC Power Adapter (AC-02).

\$225.00

□

Corded Bed Exit Alarm System \$225.00

The RP-BBR1-SYS is a Stand Alone Corded Bed Exit Alarm System and includes an easy to use corded, (TL-2100B) alarm together with a corded Bed Pad

Great Value!

The Smart Caregiver TL-2100B Monitor is a Full-Function, Low Cost fall alarm monitor designed for use with all Smart Caregiver Corded Pads and Mats. This is a high quality product at a great, everyday price.

□

Auto-Reset Function

The Fall Monitor can be placed at the bedside or wheelchair and connected to a corded sensor pad which is placed under the individual. When the resident gets up and pressure is removed from the pad, the monitor will sound alerting the caregiver. When pressure is re-applied to the pad, the monitor will automatically silence and reset for use.

□

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-Auto-Reset: Monitor automatically resets when pressure is re-applied to connected pad or mat.

-Nurse call port – connects monitor directly to existing nurse call system.

-Low battery & status indicator lights.

-Battery Operated (1-9Volt, Included).

\$225.00

□

Cordless Chair Exit Alarm System \$345.00

The RP-433C1-SYS is a Stand Alone Cordless Chair Exit Alarm System and includes an easy to use cordless exit alarm. The monitor is lightweight and can be paired with up to 6 wireless components if needed. Also included is one cordless bed pad sensor.

Remove Noise From The Room

Monitor can be mounted away from the chair, removing in-room alarm noise and reducing entanglements and tripping hazards. Adjustable volume and gentle chime alert won't startle residents and offers QUIETER fall prevention.

Features:

- Affordable & effective wireless monitoring
- Easy set up and operation
- Works with all our CordLess® Sensor Pads & Mats, Nurse Call Buttons, and Motion Sensors
- Monitor up to six (6) components with one alarm (one bed pad monitor supplied with this kit)
- Adjustable volume
- Battery Operated (3-C.Included)

\$345.00

Date & Weather Board (landscape) \$115

This board is designed as an orientation device but also as a creative activity.

The board allows for easy updates as dates, weather and seasons change.

Size 60 (w) x 42 (h)

\$115.00

Montessori Labels \$3.00 per sheet

These labels are ready for printing to enable you to create your own Montessori signage. The labels/signs do not require any blue tac or adhesives, they are vinyl coated and stick to any surface. They can be cleaned using a damp cloth and they are removable and reusable. All labels are yellow background with a black border. Print your own signage using an inkjet printer. Labels and signs now easy to make using these templates.

Ideal for labelling cupboards, canisters or drawers or making signage to orientate to rooms or toilets etc.

They come in three sizes, 99 x 57mm labels sold in sheets of 10 labels, A4 size or A5 size sold in sheets of two.

Montessori Signage has never been easier to achieve! No need to put up with tatty signage or labels any more. This product has changed the face of Montessori signage.

\$3.00

- Montessori labels:

Reminiscence

□ **Memory Cascade Matching Activities \$20.00 each**

Memory Cascades Matching Activities are a set of 10 templates that feature photographs of familiar items on one side with the object names on the other. The aim of these activities is to promote reminiscence as the user matches the images to the template or the words creating cascades of memories and experiences from the past. Users can progress from matching the pictures to matching the pictures to the words. This makes the activity more difficult.

Stimulating memories - Enriching Lives

The activities have the titles:

- In the Kitchen
- Childhood Memories
- A Formal Occasion
- In the Shed
- Family Favourites
- Home Baked
- Sweet Treats
- Around the House
- School Days
- Cute Babies

\$20.00

- Memory Cascade Matching Activities:

□ **Fruit & Veg Sort Activity \$25.00**

These bright activities encourage maintenance of motor skills as the person uses tongs to sort varieties of fruit or vegetables. Varieties of fruit and vegetables vary. Each activity comes with 36 lifelike poly foam fruit or vegetables, a pair of tongs and a three sectioned tray for placing the items. To be used under supervision

\$25.00

- Sort:

□ **Memory Cascades Posters \$80.00 per set**

A collection of A2 wall posters designed in the Montessori way to promote reminiscence and memory cascades. Featuring images of common items from their past the posters create Memory Cascades that will bring enjoyment and promote social interactions and story telling. Stimulating memories - Enriching Lives

Available in two sets of four.

Set A: Home Baked/In the Shed/A Formal Occasion/Childhood Memories.

Set B: In the Kitchen/Sweet Treats/Around the House/Family Favourites

\$80.00

- Memory Cascades:

□ **Montessori Button Sort Activity \$20.00**

These sort activities bring enjoyment as the person sorts buttons, into colour groups.

There are three different containers containing different coloured buttons.

\$20.00

□ **Memory Cascades Conversation Cards \$25.00**

Memory Cascades Conversation Cards are a set of 10 cards that feature photographs of familiar items on one side, with a story and questions on the other. The aim is to promote reminiscence as the reader connects the images and questions to cascades of memories and experiences from the past.

The cards can be used individually or in groups. They can be used as an around the table activity while waiting for meals and can add enjoyment when visiting family and friends.

Stimulating memories - Enriching Lives

The cards include the titles:

- In the Kitchen
 - Childhood Memories
 - A Formal Occasion
 - In the Shed
 - Family Favourites
 - Home Baked
 - Sweet Things
 - Around the House
 - School Days
-

- Cute and Cuddly

\$25.00

□ **Simple Music Player**

The 'Simple Music Player' has been designed to be as easy as possible to operate for the end user; that is, the person with dementia. Setting up the player is undertaken by friends, family or carers, as a one time process. Extensive trialling has verified that the operation is highly intuitive and does not require any prior knowledge or memory to start and stop the player. The styling is also reminiscent of old radios and is instantly recognisable as something which plays music.

To operate, there are only three controls:

- Start playing music - just lift the lid
- Skip this song - (optional) press the big button
- Stop the music - close the lid

The music will always continue from where it was last stopped.

The beneficial effects of music for people with dementia are quite outstanding; both for improving the quality of life, especially when living alone, and for its healthy restorative effects on cognizance and lucidity. A recurring problem however, has been the difficulties people with dementia face when trying to operate modern music playing equipment. Remembering how controls operate or manipulation of knobs, non-tactile buttons, and an array of confusing symbols all limit access to this well proved benefit.

Setting up the Simple Music Player

Setting up is undertaken by friends, family, or carers. There are two essential operations: Setting the volume and uploading the playlist. To upload a playlist the Simple Music Player is plugged into a computer. The process is well described in operating instructions making 'set-up' as easy as possible.

The volume control is designed to avoid being accidentally changed by the user. This could lead to the music being far too loud and disturbing, or too quiet so it may appear to be 'broken' if hard of hearing or confused.

To adjust the volume, using a pencil or similar, press and hold one of the buttons underneath the player. You don't need to press too hard; you should feel a gentle click like on a keyboard or doorbell. Only after holding the control for 5 seconds the volume will begin to increase or decrease, so it can be set to the appropriate level.

Specifications Overview

'Simple Music Player' is an MP3 player which comes in three versions: Red, Green and Burr-Walnut. They are functionally identical so they all operate in the same way. The intention is for the player to be installed and left powered on, allowing the user to operate it at will without any other requirement than to lift or lower the lid to start or stop the music. □ The only other control available to the regular user is a large button which skips onto the next tune when pressed. □ Their construction is highly durable consisting of a strong wooden enclosure with a high strength plastic covering. The loudspeaker grille is cloth finished but reinforced with a steel mesh to avoid any damage to the speaker. Rubber feet ensure that the player does not slip. It can be wiped down with a damp cloth if required.

The player has been designed with the minimum of controls and has been extensively tested as well as trialled by the Bath Institute of Medical Engineering (now 'Designability'). On the back panel there are additional facilities for particular personal requirements. If headphones are required, then the green socket accepts a stereo jack-plug. (Note: headphones can be extremely loud and cause hearing damage)

For people with dexterity problems rather than dementia related conditions the 'ON/OFF' control and 'NEXT TUNE' buttons can be over-ridden by means of remote switches plugged into the two available sockets (note: the lid has to be closed for these controls to work).

Specifications - Technical

- Dimensions: 300mm x 190mm x 110mm
- Weight: 1.7kg
- Colour: Available in Red, Green, and Burr-Walnut effect
- Memory capacity: 4GB minimum (about 1500 - 2000 songs)
- Music upload: via USB connection (cable provided) compatible with Microsoft Windows, Apple ios and Linux
- Music format: MP3 file types only. They will not support MPEG4, WMA, WAV, AAC files.

- User controls: ON/OFF and NEXT TRACK
- Presetable controls: Volume control on the base of device
- Ancillary controls: User controls can be mimicked using remote switches via the back panel
- Headphone socket: Yes
- Power requirements: Local mains supply - factory configured to Australian Standards
- Power consumption: less than 700mA at 9V
- Amplifier: 6W Class D mono audio amplifier
- Speaker: 4ohm 90mm diameter high-quality circular cone
- Cleaning: Wipe down with a damp cloth (not waterproof)
- Country of Origin: Made in Wales, United Kingdom

\$260.00 – \$280.00

- Simple Music Player:

□ **Aquapaint \$38.00**

Aquapaint is a unique reusable painting activity for people with dementia. Simply brush water onto the sheets and watch the image appear. As the water then dries the image fades ready to be used over and over again. Each canvas starts with white, with a simple clear black outline of the image to help guide the painter. As the water is brushed on, a beautiful image is revealed giving the person that wonderful feeling of painting. This is a fabulous activity for people in mid to late stages of dementia.

Each set comes with five different images that have been carefully selected to help start conversation and story telling when the painting is complete. The following sets are available:

Natural World - Butterfly, Goldfish, Horse, Cat, Peacock

Days Out - Hot Air Balloon, Dancing, Queens Guard, Sailing Boat, Beach

Loves - Car, Flowers, Sport, Sewing, Walking baby

Every Day - Cooking, Dog, Makeup, Shaving, Gardening

The Tool Shed - Saw, Paint Pots, Tools, Car Wash and Wallpaper.

At The Seaside - Ice Cream Van, Fish & Chips, Pier, Bucket & Spade and Donkey.

In The Garden - Hedgehog, Roses, Lawnmower, Vegetables and Robin.

At Home - Teapot, Record Player, Knitting Needles, TV and Spinning Top

Transport - Train, Motor bike, Car, Double Decker bus, Scooter

\$38.00

- Sets:

□

Memory Cascades Jigsaws \$40.00

These 12 or 24 piece wooden jigsaw puzzles provide opportunity for reminiscence and creating memory cascades. Each jigsaw comes in a tray for easy use, an A4 picture guide and a story card with prompt questions to evoke memories. The jigsaws come in 12 images - china cups- telephone - tractor - dunny - cards - vase - teapot - sewing machine.

\$38.00 – \$40.00

- Jigsaws:
- Size:

□

Memory Cascades Beyond Bingo \$75.00

A Montessori version of traditional Bingo. For groups of 7 or less, this Beyond Bingo encourages reminiscence and story telling. Ten Titles available - Sweet Treats - School Days - A Formal Occasion - In the Shed - Around the House - Cute Babies - Family favourites - Childhood Memories - Baked Treats - In the Kitchen

\$75.00

- Titles:

□

Therapy Dolls \$200

Child representational Therapy or Doll Therapy can bring great joy and comfort to the right person. They have been known to reduce responsive behaviours and improve sleep. For those people who have a nurturing nature and who need to have something to 'fuss over' a therapy doll can make the perfect companion.

Dolls are approximately 50cms long, weighted and feel like real babies. Hair colours may vary.

\$200.00

- Doll:

□

Art of Conversation Cards \$30.00

The Art of Conversation Cards

The talking game that leaves everyone talking.

The Art of conversation - All Ages

More than a quiz, more than a book. A perfect resource for everyone. Share, build, grow, develop communication skills and styles that will enhance your relationship with others.

Great fun for all ages.

The Art of conversation Cards - Food

This game offers new angles & avenues to think & talk about food, cooking and eating.

From profound issues to the light-hearted, from classics to cutting edge, comfort foods to combinations.

Great fun for everyone.

\$30.00

- Art of Conversation Cards:

Jeebsters Tin Signs \$25.00

A nostalgic walk down memory lane with these signs from the past.

\$25.00

- Jeebsters Tin Signs: Bath, Cadburys Cocoa, Cadburys Milk Chocolate, Carlton, Carlton Ale, Carlton Draught, Fosters Lager, Mrs MacQueens, Pears Coal Chute, Pears Soap, Victoria Bitter

Demeter Fragrances \$28.00

Create a mood or trigger a memory. Great for reminiscence and sensory therapy. Available in four fragrances. If using doll therapy the spraying of Baby Powder Demeter aids reminiscence and give the therapy doll a 'baby' smell. For anyone young or old who has used or been sprinkled with Johnson's Baby Powder, this Demeter is guaranteed to bring back memories.

The smell of fresh coffee, honey and pure soap are fragrances familiar to us all. They trigger reminiscence and story telling and may even promote a sense of 'home'

\$28.00

- Fragrances:

Music Boxes \$15.00

These cute little music boxes spring into action by the turn of a handle bringing favourite songs alive and stimulating memories and reminiscence. Measuring only 8 x 5cm they are easily carried from room to room in a pocket. Available in a variety of tunes including, Edelweiss, Swan Lake, Fur Elise, Memories and Over the Rainbow.

\$15.00

- Tunes:

Book Club Reading Books

Setting up a Montessori reading group has never been easier with these readers. With 12 titles there is sure to be a title of interest to everyone. These books come in an electronic version to enable photocopying as required. The more titles you buy the cheaper they become.

\$100.00

- Title:

"I Remember That" DVD's

"I Remember That" DVDs

Featuring 'Memories of Everyday Australia in the 20th Century' – popular reminiscing resource for one-on-one use or in small groups. Stand-alone segments (average length 7-8 mins) with Carer's Kit.

Volume One:

* THE LAND OF MAKE BELIEVE (Toys) * POUNDS, CROWNS AND CENTS (Money)

* CHILLY BILLY (The Ice Man) * A DAY ON THE TOWN (Shopping)

* THE GREAT AUSTRALIAN OUTHOUSE (The outside Loo)

Volume Two:

* READING, WRITING & RITHMETIC (School) * THE MAGIC LANTERN (The original slide show)

*THE PICTURE SHOW MAN (Travelling Movie shows) *LET'S GO TO THE FLICKS (The Cinema)

NB: both Volumes available in either Full Commentary or (Dementia specific) Part Commentary versions to cater for different levels of cognitive function.

Church Service DVD

Custom-made service "to provide spiritual comfort and nurture" with words of the hymns, prayers and responses displayed on screen. Length approx 30 mins.

_1. MASS/STATIONS OF THE CROSS

The Mass (Eucharist) and Stations of the Cross (popular Catholic devotion)

\$100.00

- Titles:

□
Montessori Matching Activity \$20.00

These matching activities enable pictures to be matched to both pictures first and then to increase the difficulty level the pictures can be matched to the words. Ten templates available - Fabulous Fruit, Vibrant Veggies, Favourite Flowers, Balls for All Occasions, Beautiful Birds, In the Nursery, In the Fridge, In the Shed, Farm Animals, . These activities encourage reminiscence and story telling.

\$20.00

- Matching Activities:

□
Blue & Red Book CD Collections \$340.00

Matched to the song lists and lyrics in the popular Blue and Red Books by Ulverscroft, this collection will provide endless entertainment for many residents and be a valuable addition to your activities book kit.

The Blue Book CD Collection has 7 CDs. The Red Book CD Collection has 12. That's a total of 381 studio-recorded piano tunes all played and arranged with joy and life by Australian Entertainer Barry Hall, OAM

Ideal when you do not have a piano or a pianist to provide musical accompaniment.

\$340.00

□
John Sidney CD Collection Two Box Set \$188.00

This wonderful collection of 12 CDs in the special two box CD set - "Evergreen Melodies" by Australian pianist John Sidney pays tribute to a time when today's elderly were young. A time when the piano was treasured entertainment and dancing and sing-a-longs were central to community life. Like a precious time capsule, this unique collection contains musical memories by an artist whose repertoire of piano classics embraces great tunes, sing-a-longs and show stoppers as well as the relaxing evergreens.

Music can provide links to the past capable of rekindling precious memories and creating feelings of joy, connection and relaxation.

This collection of easy listening solo piano music CDs make a wonderful addition to any music collection. Although all CDs are recorded by the same artist there is something for every mood or occasion. All are great listening.

\$188.00

□
Sing-A-Long With John Sidney CD \$19.95

This album has a selection of popular old time sing-along favorites from the early to mid 1900s. It runs for 37 minutes to bring you a selection of the music that rolled out during the hard times of World Wars I and II and the great depression. During those years, music brought many joyous moments. War babies will be enchanted all over again as they hear those much-loved melodies being so skillfully played on piano by John. The songs on this album are sure to rekindle fond memories of life before television. This CD is definitely a wonderful gift idea for an elderly friend or relative.

\$19.95

□
Remember That Song Musical Quizzes \$33.00

Remember that Song is a musical and mental stimulation programme originally designed for clients with dementia. Its popularity within aged care, however, has demonstrated the programme's suitability for clients at all levels of aged care and this prompted a redesign and subsequent re-release.

This package includes both musical quiz programs written by Ann Rogers. When Ann wrote the Remember That song musical quizzes she wrote two volumes to add variety to repeat sessions.

The musical quizzes only use parts of the songs designed specifically to suit the quiz program. The full version songs included in Ann's programs are available in the 12 John Sidney piano music CDs where Ann selected the songs for these programs.

\$33.00

□

Picture DVD's

These five DVD's are bound to stimulate reminiscence and story telling. Five titles are available. A Day at the Zoo, A Day at the Show, Beautiful Blooms, More Amazing Animals and Magnificent Wheels, Marvelous machinery, Outback Adventure, Tasmanian overland, Maritime mix, Australian coast from the air and Awesome Aviation.

All the DVDs are produced in the PAL format. If your country uses a different format, DVDs can be viewed on a multi region DVD player, a portable DVD player or a laptop (with a DVD drive) which can then be linked to a TV screen via a cable.

\$30.00

- Titles:

□

Scentscapes \$50.00

Scentscapes were designed to offer somebody both sound and scents of various popular experiences. Our research showed these to be powerful tools to help transport people to a time or place, stimulating memories and conversation and helping to access memories that would otherwise have been difficult to reach.

Each Scentscape comes with four scents, four smelling jars and a 30min CD with specific sounds of a particular theme. Each CD is split into 4 different sections which relate to the four different scents. A great product to use in a group or one to one.

Variations available:

The Tool Shed, At Home, In The Garden and Trains

\$50.00

- Scentscape:

□

Reminiscence Cards \$30.00

These reminiscence products have been designed for people with dementia and are activities for people with mid-stage dementia. The cards are designed to spark a range of conversations around some favourite memories.

This pack contains 15 carefully selected reminiscent images in the era of 1950-1970.

For a quick start, ask the individual to choose a card, then use the questions on the back of the card to initiate exciting conversations.

Sets available:

Animal Album, Home Album, Loves Album and Holiday Album

\$30.00

- Reminiscence Cards:

□

Match a Pair of Shoes \$35.00

Match a Pair of Shoes

The world's most beautiful shoes from vintage to the latest styles. Just place the cards face down and try to locate the pairs.

\$35.00

□

My Story \$30.00

My Story

A wonderful tool for reminiscence and storage of family memories. A treasured keepsake that can be passed down to the family. Pictures, notes and memories can be stored and

enjoyed together.

\$30.00

□
Among My Souvenirs (Music Therapy Activity Pack) \$110.00

CD's contain professionally prepared and recorded songs to help people with dementia participate in meaningful activities and improve their mood

\$110.00

□
Musical Armchair Travels \$290

Musical Armchair Travels

Musical Armchair Travels, the aged care industry's passport to quality music-based activities

This unique training package includes a training DVD, practical session guidelines and six music CDs to enable staff to facilitate engaging and therapeutic, music-based activities for aged care clients.

On the DVD, highly qualified and experienced aged care professionals reinforce the use of best-practice programs to enhance the quality of life for our elders in care.

For new staff, with little or no practical experience, this resource provides a ready-to-go program with step-by-step instructions on how to run quality Musical Armchair Travels sessions.

\$290.00

□
Green Book CD Collection \$210.00

Green Book CD Collection

The Green Book CD Collection is another premium activities resource created at the request of the aged care industry looking to cater to the needs of a new generation entering care.

In recent times, we have seen an increase in the number of people from the Baby Boomer generation entering aged care facilities and community based activity groups. The music on the CDs in this 10 CD collection has been compiled to cater to the Baby Boomer' taste, with music from the 1950s through to the 1970's

\$210.00

Sensory

□ **Arthur Bear**

"Arthur - a musical Teddy Bear for improving cognisance and engagement".

Comforting and engaging, 'Arthur', combines the profound benefits of targeted music with sensory and tactile feedback, with the engagement of something to be cherished and cared for.

Arthur is a combination of our experiences of the benefits of music and/or recorded messages for people living with cognitive difficulties such as dementia, learning disabilities and autism, combined with the widely accepted advantages offered by 'doll therapy'. The care and interaction with a comforting soft toy and the music or voice lead to feelings of security, enjoyment, whilst encouraging interaction.

"Don't forget that a Bear's heart starts beating once you touch it"

Just squeeze his "paw s button" the music will play - that's all you have to do!

ARTHUR - WHAT MAKES HIM TICK

Despite the enormous benefits of music and the security and comfort provided by Arthur, operating controls can be too much of a challenge for people with memory difficulties or issues of understanding. Arthur has been designed to be as simple as possible and his intended use is to be activated by friends family or carers, unburdening the user with this task.

Arthur only has one external control and that is to start and stop the music he has been preloaded with. The music has an automatic 'shuffle' mode which ensures that the playlist doesn't always start from the same place. It is most important that the music loaded into Arthur has meaning to the user; this is easy to do and will produce by far the best results

\$180.00

□ **Therapy Dolls \$200**

Child representational Therapy or Doll Therapy can bring great joy and comfort to the right person. They have been known to reduce responsive behaviours and improve sleep. For those people who have a nurturing nature and who need to have something to 'fuss over' a therapy doll can make the perfect companion.

Dolls are approximately 50cms long, weighted and feel like real babies. Hair colours may vary.

\$200.00

- Doll:

□ **Fiddle Bags \$35.00**

These Fiddle bags contain 20 items that are hidden in rice. A great sensory activity for those that like to 'fiddle' or items can be marked off as they are found. Good for reminiscence and to stimulate conversation.

\$35.00

□ **Twiddles**

These Twiddles can provide enjoyment and pleasure for those with idle hands. Available in 4 different styles, there is one to suit everybody.

Twiddle Classic-Do you know someone with an eye for style and a taste for the fanciful? Then let us recommend the dress-up Twiddle Classic: a luxurious lavender blue Twiddle embellished with rings of satin-textured fringe. Reminiscent for some of Grandmother's Victorian parlor; for others, a lovely fit for a princess, this original Twiddle calms and comforts, while stimulating mental and physical activity with an interior soft-plastic orbit ball, a loop of multi-colored wooden beads, flowing textured ribbons, a Velcro® pull patch, and a sealed satin or buckskin crackle pouch.

Twiddle Sport - For the sports-minded, the streamlined, distinctive Twiddle Sport is the way to go. Kitted out in Black Watch plaid with buckskin accents, the Sport model features mental and physical activity winners: strands of textured ribbons, a loop of multi-colored wooden beads, a sealed satin or buckskin crackle pouch, a Velcro® pull patch, and — best of all — an interior soft-plastic orbit ball to work on. No sweat stains or sore muscles; just therapeutic comfort or activity as needed.

Twiddle Pup - Who can resist an eager-eyed, fluffy puppy? This floppy-eared, friendly-faced, flea-free Twiddle Pup comes complete with its own soft-plastic orbit ball tethered on the inside. Exterior attached gadgets include a loop of multi-colored wooden beads, textured ribbons, a sealed satin or buckskin crackle pouch, and a Velcro® pull patch to exercise hands and mind alike. No walks or clean-up required for this best-in-show puppy pal.

Twiddle Cat - The purrfect Twiddle for the feline fancier: a cuddly kitty without the claws! The exotic-eyed Twiddle Cat features soft, cozy, fleecy fur in shades of chocolate brown or cream, with rich satin embellishments. Hands and mind are kept active and engaged by the interior soft-plastic orbit ball, a sealed satin or buckskin crackle pouch, a loop of multi-colored wooden beads, streaming textured ribbons, and a Velcro® pull patch. Comes in cream and chocolate colours.

Twiddle Nathan - features the same fun colors, durable fabrics, stimulating fidgets, and calming qualities —plus it is lightly weighted for a feeling of extra security and stability.

All Twiddles are machine-washable and dryer-friendly. Just remember to remove all gadgets first

\$80.00 – \$90.00

- Twiddles:

□

Blys Nightlight

“Much more than a lamp or nightlight ... Blys enables focussed security, spatial awareness, reduces falls and breakages, low impact illumination, and improves ambience for residents and staff alike”

“Most nursing home residents sleep with the light on due to anxiety - this promotes ill-temper, poor health and may accelerates dementia”

Blys™ is a sleek, modern light source designed with the specific needs of elderly people. Blys™ can be used as a nightlight or gentle bedroom lighting, and enables access to essential personal possessions during the night, aiding peace of mind and restful sleep.

As a nightlight it provides a low-level glow which allows un-interrupted sleep, but on waking it provides a focus in a room, allowing items such as bedside lights, spectacles, water, phone, and other personal items to be easily identified without switching the main light on.

A low level of light from the tray provides an immediate focus and sense of security if wakened during the night, whilst preventing the shock experienced when turning on conventional lighting, or the frustration of finding the light switch.

Winner of 2015 UK Building Better Healthcare Awards

The 17th annual [Building Better Healthcare Awards](#) held at The Brewery in central London on 4th November, 2015 saw E2L's Blys Nightlight for the elderly win the Award for Best Furniture Product

Specification

Blys™ measures 400mm by 400mm square and is only 25mm deep. It has four non-slip feet and is spill proof
 Blys™ is available for delivery worldwide - it has a universal power supply with mains plugs to suit your country.
 Power consumption is very low; less than 700mA at 5V. The unit does not get hot, even at the maximum brightness

It is controlled by means of a simple touch panel along the front facing side. Hand contact anywhere along the main edge of the unit switches on or off, and the brightness can be altered by touching two small 'bright' and 'dim' zones. Blys™ remembers its previous light setting when it's switched off.

Background Research

The Blys™ concept is derived from findings of 'SomnIA'; a four year research programme undertaken by a consortium of universities as part of the 'New Dynamics of Ageing' initiative. The main research partner was the Bath Institute of Medical Engineering (now called Designability)

The main aims were:

To understand the meanings and determinants of poor quality sleep among older people in the community and in residential settings.
To develop cost-effective approaches to non-pharmacological self-management of sleep problems among older people with chronic disease

\$260.00

- Night Light Tablet:

□

Demeter Fragrances \$28.00

Create a mood or trigger a memory. Great for reminiscence and sensory therapy. Available in four fragrances. If using doll therapy the spraying of Baby Powder Demeter aids reminiscence and give the therapy doll a 'baby' smell. For anyone young or old who has used or been sprinkled with Johnson's Baby Powder, this Demeter is guaranteed to bring back memories.

The smell of fresh coffee, honey and pure soap are fragrances familiar to us all. They trigger reminiscence and story telling and may even promote a sense of 'home'

\$28.00

- Fragrances:

□

Music Boxes \$15.00

These cute little music boxes spring into action by the turn of a handle bringing favourite songs alive and stimulating memories and reminiscence. Measuring only 8 x 5cm they are easily carried from room to room in a pocket. Available in a variety of tunes including, Edelweiss, Swan Lake, Fur Elise, Memories and Over the Rainbow.

\$15.00

- Tunes:

□ **Kingston Bear (large) \$40.00**

\$40.00

□ **Kingsley Bear (small) \$11.00**

\$11.00

□ **Birds With Sound - Assorted Varieties \$12.00**

\$12.00

- Bird Type:

□ **Sound Bugs - Assorted Varieties \$5.00**

\$5.00

- Bug Type:

□ **Conga Squeezable Pals - \$12.00**

\$12.00

- Type:

□ **Klick Klack Balls \$2.20**

\$2.20

□ **Glitter Lamps - (Electric) \$20.00**

\$20.00

□ **Jiggly balls \$4.00**

\$4.00

□ **Flashing Puffer Rabbit \$3.50**

Small and squishy and light up when squeezed.

\$3.50

□ **Happy Hopper Penguin \$3.50**

\$3.50

□ **Rainbow Caterpillar \$5.00**

\$5.00

□ **Rainbow Mesh Ball \$4.50**

\$4.50

□ **Happy Hopper Koala \$3.50**

\$3.50

□ **Stretchy Bug Eyed Centipede \$4.00**

\$4.00

□ **Light up Caterpillar \$5.00**

\$5.00

□ **Ringed Tailed Lemur 12 inches \$15.00**

A soft and cuddly grey Lemur -

\$15.00

□ **Koala 12" \$15.00**

Soft and cuddly

\$15.00

□ **Plush Chick/ Duck with sound \$6.00**

\$6.00

□ **Silky Pups \$15.00**

\$15.00

- Breeds:

□ **Stretchy Centipede \$3.00**

\$3.00

□ **Comet Light Up Balls**

These fun balls have flashing multi-coloured lights. With their honeycomb surface they look like a comet and are easy to grip.

Size: 75 x 75 x 75mm

\$4.50

□ **LED Fish Lamp**

\$28.00

□ **Plush Dog Pug \$28**

\$28.00

□ **Scentscapes \$50.00**

Scentscapes were designed to offer somebody both sound and scents of various popular experiences. Our research showed these to be powerful tools to help transport people to a time or place, stimulating memories and conversation and helping to access memories that would otherwise have been difficult to reach.

Each Scentscape comes with four scents, four smelling jars and a 30min CD with specific sounds of a particular theme. Each CD is split into 4 different sections which relate to the four different scents. A great product to use in a group or one to one.

Variations available:

The Tool Shed, At Home, In The Garden and Trains

\$50.00

- Scentscape:

□

Beads - large lacing (wooden) \$35.00

Beads - large lacing (wooden)

30 large wooden beads in vibrant colours. Suitable for people with dementia, partially sighted adults and adults with learning disabilities.

\$35.00

□

Touch and Match \$35.00

Touch and Match

A game especially suited for anyone with a sight impairment. 10 different tactile 'feels' to match including ridges, foam, sandpaper, mesh, velvet, shiny etc

\$35.00

□

Follow your nose \$65.00

Follow your nose

Smells are a great way to bring back vivid memories and trigger conversation for everyone. A unique sensory reminiscence activity - ideal for older people

\$65.00

□

Activity Apron \$95.00

Activity Apron

A wonderfully simple form of tactile/sensory stimulation for people with dementia, keeping hands busy and conversation flowing

\$95.00

□

Activity Cushions \$80.00

Activity Cushion (Blue)

Anyone with fidgety fingers will love this comfy cushion complete with an assortment of sensory attachments to stroke, thread, twist and twiddle with.

Activity Cushion (Red)

This tactile cushion is perfect to alleviate boredom with the many attachments to move, pull, slide etc. Size: 41cm x 41cm.

\$80.00

- Activity Cushions:

□

Activity Blanket \$100.00

A unique Activity Blanket for people with a dementia like Alzheimer's keeps hands occupied and provides useful sensory stimulation. Enabling sensory stimulation for people with dementia.

\$100.00

□

Match a pair of Birds \$35.00

Match a Pair of Birds

Match the male and female pairs of 25 species of birds from around the world in the beautifully illustrated memory game. Includes barn owl, blue tit and ostrich

\$35.00

□

Sensory Snap Game \$40.00

Sensory Snap is a new tactile association game created to stimulation multiple senses and encourage conversation for people living with mid-late stage dementia.

How It Works

Sensory Snap is a tactile game with a purpose, feel and match the tiles to the images or group the tiles together based on association. Players are thereby encouraged to create new associations or may simply wish to feel and discuss the textures. This type of activity is used in cognitive stimulation therapy which has been proven to be a powerful tool in the care of people living with dementia.

The product can also be used as a simple tactile product to stimulate the senses of people living with later stage dementia.

The Sensory Snap tiles are durable and easily cleaned, making them popular in professional care settings as well as in the home.

Our unique range of colouring books have been designed for people with early to mid-stage dementia. Simple, age-appropriate illustrations and prompts help the user complete each image unassisted.

\$40.00

□

Montessori Activity Packs \$700- \$1400

These packs provide the items you need to be able to offer Montessori activities. Choose between a Montessori Starter pack or an Ultimate Pack. These packs make choosing easy. A selection of products have been carefully chosen to start you on your Montessori journey.

Please note photos do not depict exact kits, some items may vary in type and not all items are in photo.

Content of Starter Kit:

1 x Memory Cascades Conversation Cards

2 x Montessori Matching Activities

1 x Montys math

1 x Toss It

3 x Memory Cascades Matching Activities

1 x Fiddle bag

1 x Touch & Match

1 x Sorting Activity

1 x Ice Cube Matching Activity

2 x Aquapaints

2 x Demeter fragrances

1 x Memory Cascades Bingo

2 x Montessori Reading Circle Books

1 x Geometric Shape sorter

Total Value \$807.00

Special Starter pack Price \$700.00

Freight:\$30.00

Ultimate Kit Contents:

1 x Memory Cascades Conversation Cards

2 x Reminiscence cards

4 x Montessori Matching Activities

2 x Montys math
6 x Memory Cascade Matching Activities
1 x Matching Birds
1 x Matching Shoes
1 x Follow Your Nose
1 x Fiddle bag
1 x Touch and Match
2 x Memory Cascade Posters (set A & B)
1 x Fruit sorting activity
1 x Vegetable sorting activity
1 x Muffin Activity
1 x Ice Cube activity
1 x Large beads
4 x Aquapaints
4 x Demeter fragrances
2 x Memory Cascade Bingo
4 x Montessori Reading Circle Books
1 x Geometric Sorter
1 x Sensory Snap

Total Value \$1594.00

Ultimate Kit Cost \$1400.00

Freight: \$60.00

\$700.00 – \$1,400.00

- Montessori Activity Kits:

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